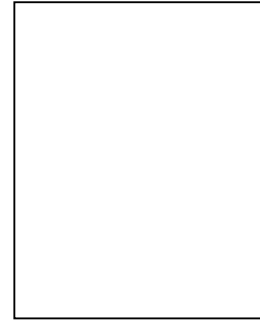


Delhi University Sports Council
University of Delhi
Delhi-110007



Form No.....

Name

Father's Name.....

Date of Birth

Address.....

.....

Contact No.

Institution / Department

Profession Teaching Non Teaching Research Scholar PG Student

Any Other.....

Facilities availed Single Multiple

I Certify that..

- a) I have gone through the rules & regulations of the gym of those given overleaf and agree to abide by the rules & regulations.
- b) The information given above is correct to the best of my knowledge and if found wrong, my membership may be cancelled and fee paid by me may be forfeited.
- c) I will be participation in MPH classes at my own risk. I hereby indemnifies gym management in this regard.
- d) I shall use gym equipment & dress as per the rules and advice of coach / instructor.
- e) I declare and certify that I have a normal healthy condition and do not suffer from any medical / psychological programs or any other allergy. I am fit to undergo the exercise under the program in which I have enrolled myself. I have also satisfied myself that the gadgets / services and products under by the centre are safe.
- f) I accept and agree that no money will be refundable by Delhi University Sports Council, University of Delhi
- g) I shall be governed by the disciplinary requirements of MPH

Signature of Applicant

**Sign and Seal of Head
of Institution**

For Office Use Only

Amount Deposited Rs. Receipt No. Dated

No. of Identity card issued Dated

Timing Membership from to

Authorized Signatory

**Delhi University Sports Council
University of Delhi
Delhi-11007**

The membership fees to avail the facilities at multipurpose hall is as under:-

- 1. Post Graduate Student / Research Scholar Rs. 250/- (Two Hundred Fifty Only) per month**
- 2. For Teaching Community (with family*) Rs. 500/- (Five Hundred Only) per month
Rs. 5000/- (Five Thousand only) per annum**
- 3. For Non-Teaching Community of University of Delhi only (with family*) Rs. 500/- (Five Hundred Only) per month
Rs. 5000/- (Five Thousand only) per annum**

Time Table for Activities

Timing	Gym	Table Tennis	Badminton	Yoga	Aerobics
6-7am	Yes	Yes	Yes	Yes	-
7-8am	Yes	Yes	Yes	Yes	-
8-9am	Yes	Yes	Yes	Yes	-
9-10am	Yes	Yes	Yes	-	-
12 noon – 1 pm.	Yes	Yes	Yes	-	-
1 – 2 pm.	Yes	Yes	Yes	Yes	-
4 – 5 pm.	Yes	Yes	Yes	Yes	Yes
5 – 6 pm.	Yes	Yes	Yes	Yes	Yes
6 – 7 pm.	Yes	Yes	Yes	Yes	Yes

Please Note:

- 1. The Fees will be deposited in office of Sports Council, University of Delhi, Delhi-110007, between 2pm. to 4pm. on all working days**
- 2. Entry is only for 1 hour in all cases.**
- 3. *Family includes Spouse & Two Children duly certified by Head of the Institution.**

Rules & Regulations

1. Persons interested in Fitness Centre / MPH membership will submit registration form along with two photographs (Passport Size).
2. Entry should be marked in In / Out register every time before using the Gym / Badminton Court facility / their sports facilities.
3. The Fitness Centre / Badminton Court management reserves the right of Admission.
4. Rs. 50/- will be charged for issuing of duplicate I-Card.
5. No Fee Refund in any Circumstances.
6. Classes missed on account of any reason will not be adjusted.
7. The membership of the Fitness Centre / Badminton Court is personal to a member and cannot be assigned, transferred or otherwise disposed off.
8. The management shall reserve the right to chose part or all the facilities of the Centre due to repair, maintenance, expansions of facilities or special events, without advance notice and to readjust the operating hours of Fitness Centre / Badminton Court accordingly.
9. Members are advised to undergo a medical examination prior to joining and using the Fitness Centre / Badminton Court.
10. Any person entering the Fitness Centre / Badminton Court and using its facilities does so at its own risk. The Fitness Centre / Badminton Court can not accept responsibility or liability for any injury or lose, including fatality or damage, whatsoever to any person or his / her property. Any person who suffers and accident or injury in the fitness Centre / Badminton Court premises must report the accident or injury and the circumstances under which it occurred, to the in-charge immediately.
11. The management does not accept the responsibility for any damage caused to items, valuables or personal belongings brought into the Fitness Centre / Badminton Court.
12. Members should not undertake any physical activity for which they may not be fit and are responsible for monitoring their condition during exercise. The Fitness Centre will not be in any way responsible for any harm to a member as a result of his or her undertaking physical activity within the Centre.
13. Each member is responsible for monitoring his or her own physical condition and physical activity undertaken at the Fitness Centre / Badminton Court. Should any unusual symptoms occur, the member must immediately stop the activity and inform the instructor or any other member of the staff at the Fitness Centre / Badminton Court.
14. Member shall refrain from using the Fitness Centre / Badminton Court facilities and exercises immediately after consuming a heavy meal.
15. Member shall refrain from using the Fitness Centre / Badminton Court, if suffering from cold, infections, diseases or open lesions.
16. Receive instructions for the use of Fitness Centre equipments prior to working out for the first time.
17. No pets are allowed into the Fitness Centre / Badminton Court.
18. To ensure the safety of all members, those with diabetes, heart problems, high-low blood pressure or who are on strong prescriptions or have any form or indications of medical conditions should consult their doctors before enrolling themselves in any particular program at the Fitness Centre / Badminton.
19. Member must show consideration to each other in and around the Fitness Centre / Badminton Court, in particular, profane or abusive language and the threat or use of violence will not be tolerated.
20. Members must obey the notices and signs on display in the Fitness Centre / Badminton Court. It is a member's responsibility to read any information on the Fitness Centre / Badminton Court.
21. Members are requested to wear appropriate attire and footwear when using the facilities.
22. Members are not permitted to bring personal food and beverage items into the Fitness Centre / Badminton Court from outside. Only water & energy drinks allow.
23. Personal sound system will not be permitted into the Fitness Centre / Badminton Court.
24. Fitness Centre / Badminton Court facility can be used only in the allotted time slot.
25. Heavy electrical gadgets like A.C, Treadmill, etc. will not be operational in case of power failure.
26. Members are requested to use their own towels while using the Fitness Centre / Badminton Court facility.
27. Apart from the above rules, the instructions issued by the Sports Council must be strictly followed.
28. Members must enter into the Fitness Centre / Badminton Court Only by the route indicated. Those found loitering in other areas, or creating thoroughfares will have their right of entry cancelled on the spot, without any refund of their fees.
29. Members should bring their membership card: No entry will be allowed without their card.
30. Users should bring their drinking water bottle, towel and kit.
31. Students who are found irregular i.e. absent for four consecutive days, their membership will be automatically cancelled.
32. Any medical problem should be disclosed at the time of applying for membership.
33. Use the Fitness equipment only under the instructor's supervision.
34. Sports Council is not responsible for loss of personal belongings.
35. The Sports Council has the right to refuse admission in case of lack of discipline.
36. Members should keep the equipment and Fitness Centre / Badminton Court clean.
37. No studs / Spike shoes are allowed in the Fitness Centre / Badminton Court
38. Admission or Enrollment on first come first serve basis.
39. Entry allowed only with clean shoes changed at the door step of multi purpose hall.

Please note: The kit should include following equipments:

- | | | | | | | | |
|----|-------|----|------------|----|-------|----|--------------|
| a. | Towel | b. | Track Suit | c. | Shoes | d. | Water Bottle |
|----|-------|----|------------|----|-------|----|--------------|

Enrolment Procedure for Sports Facilities

1. Forms for various Sports activities to be made available at the facility venue.
2. Members need to fill the form in duplicate and should be medically certified.
3. This form then needs to get counter signed by the Head of the Institution.
4. The fee will be deposited by cash only.
5. For renewal the same procedure will be followed. In place of the form, there will be a renewal slip.

Associate Professor &
Secretary