

Action Taken Report

S.No.	Name of the College	Location of the College	Programmes Held	Whether all activities with Audio/ Video/ Photographs have been uploaded as per enclosed NIC's communication
1	Ram Lal Anand College	Benito Juarez Road, New Delhi – 110021	Three Day Workshop on Yoga from 19 th to 21 st June, 2017	Yes
1a	Ram Lal Anand College	Benito Juarez Road, New Delhi – 110021	19th June 2017 , Lecture “ Introduction to Yoga” by Expert Deepak Saini	Yes
1b	Ram Lal Anand College	Benito Juarez Road, New Delhi – 110021	20th June 2017 , Live demonstration and mass activity on Yoga by Yoga Expert Deepak Saini	Yes
1c	Ram Lal Anand College	Benito Juarez Road, New Delhi – 110021	21th June 2017 a) Screening of CYP 2017 CD issued by ministry of AYUSH in the Amphitheatre. b) Live demonstration and mass activity on Yoga following Common Yoga Protocol by Yoga Expert Deepak Saini. c) Distribution of Printed material related to symptoms, causes, type of food to eat and yoga asanas related to different diseases like Hypertension, Diabetes, Arthritis, Cervical Spondylitis etc.	Yes



