

The International Yoga Day was celebrated today morning i.e. Wednesday, the 21 June 2017 at Sri Guru Tegh Bahadur Khalsa College. NCC Cadets, NSS Volunteers, Students and Staff participated in the event. The event was held in association with 5 Delhi Battalion, NCC Unit under supervision of ANO Capt. Gurinder Singh (NCC Officer). Sudebar Sudhir Kumar from 5 DBN was deployed at the College. Activity was held under the supervision of Mrs. Reena Jain and her team from Bhartiya Yoga Sansthan, Delhi. The participants practised yoga on 18, 19, 20 June and performed on 21 June 2017. The event was very successful.