



श्यामा प्रसाद मुखर्जी महिला महाविद्यालय
SHYAMA PRASAD MUKHERJI COLLEGE (For Women)

दिल्ली विश्वविद्यालय /(UNIVERSITY OF DELHI)

पंजाबी बाग (पश्चिम), नई दिल्ली-110026 /PUNJABI BAGH (WEST), NEW DELHI – 110 026

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Report on International YOGA Day celebrated at SPM College , University of Delhi

S. No.	Name of the College	Location of College	Programme held	Whether all activities with Audio/Video/ photographs have been uploaded as per enclosed NIC's communications
1.	Shyama Prasad Mukherji College	Punjabi Bagh (west)	Today, International Yoga day was celebrated in college premises with the collaboration of NCC and NSS. In this yoga programme three councillors from west delhi zone participated and performed yoga with college faculties Around 400 students of NSS and NCC were also participated on this occasion . Celebrating yoga day is very good initiative , students will get benefits from this programme because with this they can keep balance between mind , body and heart. It will be our immense pleasure to do these kind of activities in future also for enhancement. dignitaries:	Yes



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