



गाँधी भवन
GANDHI BHAWAN
दिल्ली विश्वविद्यालय
UNIVERSITY OF DELHI

GABH/14.....

Date:.....

YOGA & MEDITATION CLASSES
TIMINGS

MONDAY – FRIDAY

Yoga & Meditation	-	6:30 a.m. – 7:30 a.m.
	-	8:00 a.m. – 9:30 a.m.
	-	1:00 p.m. – 2:00 p.m.
	-	2:30 p.m. – 3:30 p.m.
Meditation	-	4:00 p.m. – 5:30 p.m.

SATURDAY

Yoga & Meditation	-	6:30 a.m. – 7:30 a.m.
	-	8:00 a.m. – 9:00 a.m.