

Interactive Session

‘Ayurvedic Acupressure for a Long and Healthy Life’

followed by a live demo

(Ms. Madhavi Chakravarti, Acupressure Therapist)

&

Charkha Spinning Demonstration

**(Dr. Sita Bimbrahw, Former Faculty
Kamla Nehru College, University of Delhi)**

&

Exhibition-cum-Sale Counter

**(Books, Souvenirs, etc. by Gandhi Book House, Gandhi Peace Foundation, New Delhi
on**

Wednesday, September 30, 2015

Time: 3:00 p.m. – 5:00 p.m.

Venue: Gandhi Bhawan, University of Delhi

**Prof. Anita Sharma
Director (Hony.)**