Semester Based Curriculum

for

B.A. (Hons) Social Work

Rules, Regulations and Course Content

University of Delhi
Delhi
(2011-2012)
**SEMESTER BASED UNDER-GRADUATE HONOURS COURSES**

**Distribution of Marks & Teaching Hours**

The Semester-wise distribution of papers for the B.A. (Honours), B.Com. (Honours), B. Com., B.Sc. (Honours) Statistics and B.Sc. (Honours) Computer Science will be as follows:

<table>
<thead>
<tr>
<th>Type of Paper</th>
<th>Max. Marks</th>
<th>Theory Exam.</th>
<th>I.A.</th>
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<tr>
<td>Main Papers</td>
<td>100</td>
<td>75</td>
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<td>1 Tutorial</td>
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<tr>
<td>Credit Courses for B.Sc.(Hons.) Mathematics</td>
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<td>1 Tutorial</td>
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- Size of the Tutorial Group will be in accordance with the existing norms.
- The existing syllabi of all Concurrent/Credit Courses shall remain unchanged.
- The existing criteria for opting for the Concurrent /Credit Courses shall also remain unchanged.
The schedule of theory papers and field work prescribed for six semesters is as follows:

<table>
<thead>
<tr>
<th>Level</th>
<th>Course</th>
<th>Title of Papers</th>
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<tbody>
<tr>
<td>Semester-1</td>
<td>SW 101</td>
<td>Beginnings of Social Work</td>
</tr>
<tr>
<td></td>
<td>SW 102</td>
<td>Fundamental of Social Work</td>
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<td>SW 103</td>
<td>Sociology for Social Work</td>
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<td>Field Work</td>
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<td>Paper</td>
<td>Concurrent – Qualifying Language (College specific)</td>
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<tr>
<td>Semester-2</td>
<td>SW 201</td>
<td>Basic Concepts in Psychology</td>
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<td>SW 202</td>
<td>Contemporary Social Concerns</td>
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<td>SW 203</td>
<td>Social Psychology</td>
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<td>Paper</td>
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<tr>
<td>Semester-3</td>
<td>SW 301</td>
<td>Working with Individuals</td>
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<td>SW 302</td>
<td>Working with Groups</td>
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<td></td>
<td>SW 303</td>
<td>Social Deviance and Social Problems</td>
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<td>Field Work</td>
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<td>Paper</td>
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<td>Semester-4</td>
<td>SW 401</td>
<td>Community Organization</td>
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<td>SW 402</td>
<td>Communication and Development</td>
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<td>Paper</td>
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<tr>
<td>Semester-5</td>
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<td>SW 501</td>
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<td>Social Policy and Social Development</td>
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<td>SW 502</td>
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<td>Social Legislation and Human Rights</td>
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<td>SW 503</td>
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<td>Social Action and Movements</td>
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<td>SW 504</td>
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<td>Areas of Social Work Practice-I</td>
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<td>Field Work</td>
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<td>Concurrent Field Work</td>
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<th>Semester-6</th>
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<tr>
<td>SW 601</td>
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<td>Social Welfare and Administration</td>
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<td>SW 602</td>
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<td>Research in Social Work</td>
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<td>SW 603</td>
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<td>Areas of Social Work Practice-II</td>
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<td>SW 604</td>
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<td>NGO Management</td>
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<td>Field Work</td>
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<td>Concurrent Field Work</td>
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<tr>
<td>Paper</td>
<td>Concurrent – Discipline Centered-II (College specific)</td>
<td></td>
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</tbody>
</table>
Level: Semester I  
Course: SW 101  
Title of Paper: Beginnings of Social Work

Objectives:
1. Introducing students to History and Evolution of Social Work.
2. Apprising students on social work as a profession.

Course Content:

Unit I: Origin of Social Work
- Victorian Origin of Social Work
- Industrial Revolution and the World Wars, their impact on the society

Unit II: Development of Social Work Practice
- Beginning of Social Work Education and Contribution of Octavia Hill and Others

Unit III: Social Service Tradition and Reforms in India
- Social Service Tradition in India: Concept of Charity in Ancient and Medieval India, Dana-dharma, Zakat, etc.

Unit IV: Development of Social Work in India
- Gandhian Social Service Tradition
- Voluntarism and History of Social Work Profession in India

Unit V: Emerging Trends in Social Work
- Contemporary debates and sites of practice: settings and interventions
- Impact of globalization on social work education and practice

Readings:

Wadia, A.R. (Eds.) 1968 History and Philosophy of Social Work in India, Mumbai: Allied Publisher Private Ltd. (Unit III& IV)
<table>
<thead>
<tr>
<th>Author</th>
<th>Year</th>
<th>Title</th>
<th>Location</th>
<th>Edition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacob, K.K.</td>
<td>1994</td>
<td>Social Work Education in India, N. Delhi: Himanshu Publications. (Unit IV &amp; V)</td>
<td></td>
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</tr>
</tbody>
</table>
Level : Semester I  
Course : SW102  
Title of Paper : Fundamentals of Social Work

Objectives
1. Understand the basic concepts of social work.
2. Gain an understanding about contemporary ideologies of social work
3. Orient students about the recent trends and theoretical perspectives to social work practice

Course content:

Unit-I: Basic Concepts of Social Work
- Concept, definition, goals, scope and functions of professional social work
- Social service, social welfare, social reform, social development, social justice and social security

Unit-II: Values and Principles Social Work in Profession
- Assumptions, values, principles of social work
- Social work as a profession: Debates on professionalization

Unit III: Theoretical Perspectives to Social Work Practice
- Systems and ecological perspectives
- Role theory and communication theory
- Radical and Marxist approaches and emancipatory social work
- Integrated approach to social work practice and generalist social work practice

Unit IV: Contemporary Perspectives for Social Work
- Postmodernism: Relevance and significance of postmodern theory to social work
- Feminist perspectives: Critical theoretical perspective and implications for social work practices
- Multiculturalism: Critical debate within social work

Unit V: Social Work Engagements
- Social work with marginalized
- Empowerment and advocacy
- Role of professional social worker
### Readings:

<table>
<thead>
<tr>
<th>Author(s)</th>
<th>Year</th>
<th>Title</th>
<th>Publisher/Details</th>
</tr>
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<tbody>
<tr>
<td>Dasgupta, Sugata</td>
<td>1964</td>
<td>Towards a Philosophy of Social Work in India, New Delhi: Popular Book Services</td>
<td>Unit I</td>
</tr>
<tr>
<td>Desai, Murli</td>
<td>2002</td>
<td>Ideologies and Social Work (Historical and Contemporary Analysis)</td>
<td>Jaipur: Rawat Publication</td>
</tr>
<tr>
<td>Diwakar, V.D.</td>
<td>1991</td>
<td>Social Reform Movements in India, Mumbai: Popular Prakashan</td>
<td>(Unit I &amp; II)</td>
</tr>
<tr>
<td>Skidmore, R.A. &amp; others</td>
<td>1991</td>
<td>Introduction to Social Work</td>
<td>New Jersey: Prentice Hall</td>
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<tr>
<td>Davies, Martin</td>
<td>1981</td>
<td>Essential Social Worker A Guide to Positive Practice</td>
<td>London: Heinemann</td>
</tr>
</tbody>
</table>
Level : Semester I
Course : SW 103
Title of Paper : Sociology for Social Work

Objectives:

- Orient the students about the basic sociological concepts.
- Inculcate among students skills to understand and analyze social structure.

Course Content:

Unit I: Understanding Sociology

- Evolution of human society: Theories and approach, definition and characteristics
- Origin of Sociology as Social Science and its relationship with Social Work

Unit II: Outline to Social Thought

- Positivism
- Functionalism & Conflict
- Structuralism
- Post-Modemism

Unit III: Basic Sociological Concepts

- Social Groups and Community
- Association and Institution
- Social Structure: Role & Status
- Norms, Values and Culture: Meaning and Relationship with individual and society

Unit IV: Social Processes

- Assimilation, Cooperation, Competition and Conflict
- Socialization: Meaning and Agencies
- Social Control: Formal and Informal means of social control

Unit V: Social Realities and Concerns

- Social construction and social identity
- Social Stratification: caste and class, power and authority
- Social Mobility

Readings:
Berger, P.L. 1963 An invitation to Sociology: An Humanistic Perspective, Harmonsworth, Penguin. (Unit I)
<table>
<thead>
<tr>
<th>Author</th>
<th>Year</th>
<th>Title</th>
<th>Edition/Unit</th>
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<tr>
<td>Bottommore, T.B.</td>
<td>1971</td>
<td>Sociology- A Guide to Problem and Literature, Bombay, George Allen and Unwin.</td>
<td>(Unit-II)</td>
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<tr>
<td>Davis, K.</td>
<td>1969</td>
<td>Human Society, New York, Macmillan</td>
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<td>Giddens, A.</td>
<td>1999</td>
<td>Sociology, Cambridge, Polity Press.</td>
<td>(Unit II &amp; III)</td>
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<tr>
<td>Giddens, A.,</td>
<td>2003</td>
<td>Capitalism and Modern Social theory, Cambridge, University Press</td>
<td>(Unit II)</td>
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<tr>
<td>Giddens, A., &amp; Turner, J.</td>
<td>1987</td>
<td>Social Theory Today, Cambridge: Polity Press.</td>
<td>(Unit II &amp; IV)</td>
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<tr>
<td>Gupta, D. (ed.)</td>
<td>1997</td>
<td>Social Stratification, Delhi, Oxford University Press</td>
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<td>MacIver &amp; Page</td>
<td>1974</td>
<td>Society: An Introductory Analysis, Jaipur, Macmillan India Ltd.</td>
<td>(Unit I, II &amp; III)</td>
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<tr>
<td>Shah, A. M.</td>
<td>1998</td>
<td>The Family in India: Critical Essays, Orient Longman</td>
<td>(Unit III)</td>
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<tr>
<td>Sharma, K. L.</td>
<td>1994</td>
<td>Social Stratification and Mobilty, Jaipur, Rawat Publications.</td>
<td>(Unit IV &amp; V)</td>
</tr>
<tr>
<td>Sharma, K. L., ed.</td>
<td>1995</td>
<td>Social Inequality in India, Profiles of Caste, Class, Power and Social Mobility, Jaipur, Rawat Publications</td>
<td>(Unit IV &amp; V)</td>
</tr>
<tr>
<td>Srinivas, M. N.</td>
<td>1980</td>
<td>Indian Social Structure, Delhi, Hindustan Publishing Co.</td>
<td>(Unit III, IV &amp; V)</td>
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<tr>
<td>Srinivas, M. N.</td>
<td>2005</td>
<td>Social Change in Modern India, New Delhi, Allied Publishers.</td>
<td>(Unit IV &amp; V)</td>
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<tr>
<td>Thio, Alex</td>
<td>1989</td>
<td>Introduction to Sociology, New York, Harper &amp; Row Publishers</td>
<td>(Unit I &amp; II)</td>
</tr>
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</table>
Level : Semester II  
Course : SW 201  
Title of Paper : Basic Concepts in Psychology

Objectives –

1. Understand the basic concepts and processes in psychology.
2. Develop critical understanding about personality development.
3. Acquire knowledge for applying concepts of psychology in social work.

Course Contents:

Unit I: Basic Psychological Processes
- Understanding Psychology for Social Work
- Learning
- Motivation
- Emotion
- Intelligence

Unit II: Growth and Development
- Meaning and Principles of growth and development
- Difference between growth and development
- Developmental Tasks

Unit III: Life Span Stages
- Prenatal Period
- Postnatal Period: Eric Erikson’s stages of development
- Child rearing practices

Unit IV: Personality Development
- Concept of Personality
- Determinants of Personality: Role of Heredity and Environment in Personality Development

Unit V: Theories of Personality
- Freud: Psychoanalytical Theory
- B.F. Skinner: A Behaviouristic Learning Theoretical Approach to Personality
- Carl Rogers: Humanistic Theory

Readings:
Core Readings:


E.R. Hilgard, R.C. Atkinson, 1979 “Introduction to Psychology”, New Delhi, (Unit-III)

Elizabeth B. Hurlock 1976 “Personality Development”, New Delhi, Tata Mc Graw Hill Publishing Co. Ltd. (Unit-IV)

Hall and Lindzey 1978 “Theories of personality”, New York, John Wiley and Sona.(Unit IV, V)

Iqbal Shariff 2006 “Personality Development and Social Work, Raj Publishing House, Jaipur, India.(Unit IV, V)

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Chowdhary Richa 2006 “Manovigyan Tatha Manovagyanik Prakriyaen” New Delhi, Radha Publication,Daryaganj. (Unit-1,2,3,4,5)

Chowdhary Richa 2010 “Vikasatmak Manovigyan” New Delhi, Naman Prakashan, Daryaganj. (Unit-II,III)

Jaiswal,Sitaram 1994 Samanya Manovigyan, Arya Book Depot, Karol -Bagh, New Delhi. (Unit I, II & III)

SUGGESTED READINGS—


Naidu,G.S and Nakhate V.S 1985 “Child Development Studies” in India Bombay, TISS.


E.R. Hilgard, R.C. Atkinson, 1979 “Introduction to Psychology”, New Delhi,


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<tr>
<td>Terman, L.M</td>
<td>1925</td>
<td>“Genetic Studies of Genius Stanford”, Stanford University Press</td>
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<tr>
<td>Hall and Lindzey</td>
<td>1978</td>
<td>“Theories of personality”, New York, John Wiley and Sons</td>
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<tr>
<td>Saundra K. Ciccarelli</td>
<td>2009</td>
<td>“Psychology”, published by Dorling Kindersley. (India)</td>
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<td>David G. Myers</td>
<td>1998</td>
<td>“Psychology” (2nd ed.) Worth Publisher, Inc. USA.</td>
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<tr>
<td>Moor Jani, Janki</td>
<td>2007</td>
<td>Samanya Manovigyan, Avishkar Publishers, Wyas Jain Meena Building, Jaipur 302003</td>
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<tr>
<td>Suleman Muhammad</td>
<td>2003</td>
<td>Samanya Manovigyan, Patna—800004</td>
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</table>
Level : Semester II  
Course : SW 202  
Title of Paper : Contemporary Social Concerns

Learning Objectives:

- Understand contemporary social concerns.
- Appreciate the role of social work in dealing with contemporary concerns.
- Develop an understanding in dealing with social concerns.

Contents:

Unit I: Understanding Social Problems
- Social Problems: Concept and Nature
- Types of Social Problems
- Social Work response to social problems

Unit II: Gender and Related concerns
- Understanding Gender
- Gender discrimination
- Gender based violence

Unit III: Vulnerable Groups
- Street and Working Children
- SC, ST, OBC and Minorities
- Differently Abled.

Unit IV: Health Issues and Concerns
- Reproductive and Child Health
- HIV/ AIDS
- Stress and Mental Health

Unit V: Environment Disasters and Society
- Climate Change
- Global Warming
- Disasters

Readings:

Ahuja, Ram 1997 Social Problem in India, Jaipur, Rawat Publication. (Unit I)  
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<thead>
<tr>
<th>Author</th>
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<tr>
<td>Chandra, S.</td>
<td>Sociology of Deviation in India</td>
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<td>New Delhi, Allied Publisher</td>
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<td>Madan, G. R.</td>
<td>Indian Social Problems</td>
<td>1981</td>
<td>New Delhi, Allied Publisher</td>
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<td>and Nisbet,</td>
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<td>Robert A</td>
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<td>Rao, M.S.A.</td>
<td>Urban Sociology</td>
<td>1980</td>
<td>New Delhi, Manohar Publication</td>
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</table>
Level : Semester II  
Course : SW 203  
Title of Paper : Social Psychology

Learning Objectives:

1. To investigate the manner in which behaviour, feelings and thoughts are influenced.
2. To understand interpersonal and societal issues.

Unit I: Nature and Scope of Social Psychology
- Social Psychology: An introduction
- Methods of social psychology.
- Relevance of social psychology to social workers.

Unit II: Concepts in Social Psychology
- Social Perception
- Social Cognition
- Social Influence
- Interpersonal attraction

Unit III: Groups and Group processes
- Definition and Types of Groups
- Group development, Group dynamics
- Leaderships: Traits, styles and types

Unit IV: Social Attitudes
- Social attitudes: Definition, Features and formation, measurement and change.
- Prejudice and Discrimination
- Stereotypes

Unit V: Crowd Psychology and Aggression
- Crowd, mob psychology, dynamics of a crowd
- Aggression- Nature, Cause and Control

Readings:
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<tr>
<th>Author(s)</th>
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<th>Title and Edition Details</th>
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<tr>
<td>Hogg, Michael A., Vaughan Graham M.</td>
<td>1995</td>
<td>Social psychology An Introduction, 7 Grosvenor place, Brookvale, New South Wales, Australia. (Unit I,II,III,IV,)</td>
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<tr>
<td>Kuppuswami, B.</td>
<td>1994</td>
<td>Social psychology, Asia Publishing House, Bombay (Unit I,II,III,IV,)</td>
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<td>Sharan A.K</td>
<td>1999</td>
<td>Social Psychology, Ajay Verma Commonwealth Publishers 4831/24, Prahlad Street, Ansari Road, Daryaganj. (Unit I,II,III,IV,)</td>
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</tbody>
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Level : Semester III  
Course : SW 301  
Title of Paper : Working with Individuals

Objectives:

1. Understand social case work as a method of social work.
2. Develop abilities to critically analyze problems of individuals as well as families and factors affecting them.
3. Enhance understanding of the basic concepts, tools, techniques, skills and process.
4. Develop ability of establishing and sustaining a working relationship with the client.

Contents:

Unit I: Introduction to Social Case Work
- Concept of social casework: meaning, nature, objectives and importance
- Historical development of social case work
- Principles of social case work
- Components of social case work: person, problem, place and process

Unit II: Understanding Clients
- Basic human needs
- Types of problems faced by individuals and families
- Factors obstructing personality development of individuals
- Concept of social role and reasons for poor role performance

Unit III: Approaches to Social Case Work
- Task-centered approach
- Social-psychological approach
- Problem solving approach
- Integrated approach of practice

Unit IV: Tools, Techniques and Skills of Social Case Work
- Client-worker relationship and use of authority
- Case work tools: listening, observation, interview and home visits
- Skills of case work: communication, resource mobilization, rapport building and case work recording

Unit V: Process of Social Case Work Practice
- Phases of case work process: study, assessment, intervention, termination and evaluation
- Application of case work in different settings: family, hospital, mental health, schools and residential institutions.
### Readings:

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<tr>
<th>Author</th>
<th>Year</th>
<th>Title</th>
<th>Publisher/Institution</th>
<th>Unit</th>
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<tbody>
<tr>
<td>Beistek, F.P.</td>
<td>1957</td>
<td>The Casework Relationship.</td>
<td>Chicago: Loyola University Press.</td>
<td>(Unit-IV)</td>
</tr>
<tr>
<td>Mathew, G.</td>
<td>1992</td>
<td>An Introduction to Social Casework.</td>
<td>Bombay: Tata Institute of Social Sciences.</td>
<td>(Unit-II)</td>
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<td>Thakhary, M.G.</td>
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Level : Semester III  
Course : SW 302  
Title of Paper : Working with Groups

Objectives

1. Develop understanding of group work as a method of social work.
2. Gain knowledge about group formation and use of a variety of group approaches.
3. Develop knowledge, skills and techniques to be used by the social worker in groups.
4. Understanding group as an instrument of change.

Contents:

Unit I: Introduction to Social Group Work
- Social groups: meaning, characteristics, types and significance
- Concept of group work: Evolution, characteristics and objectives
- Basic values and principles of group work
- Models of group work practice

Unit II: Groups Processes and Dynamics
- Group behavior
- Communication and interaction pattern
- Group cohesion & conflict

Unit III: Development of the Group
- Stages of group work: planning, beginning, middle and ending phases
- Use of programme as a tool: importance, principles and elements.
- Role of group worker in different stages of group work practice

Unit IV: Skills and Techniques of Social Group Work
- Group work skills: facilitation, analytical thinking, leadership and recording in group work
- Techniques of group work: group counseling group discussion, group decision-making, role play, programme media and group sessions

Unit V: Social Group Work in Different Settings
- Application of group work with different groups: children, adolescents elderly persons, women and persons with disability
- Areas of group work practice: Health education, substance abuse, schools, labour welfare, juvenile delinquency

Readings:
<table>
<thead>
<tr>
<th>Author(s)</th>
<th>Year</th>
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<th>Location</th>
<th>Unit</th>
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</thead>
</table>
Level : Semester III
Course : SW 303
Title of Paper : Social Deviance and Social Problems

Objectives:
1. Understand the concept of social deviance and social change.
2. Identify the major factors contributing to the emergence of social problems.
3. Understand the role of social worker in dealing with the social problems

Course Content

Unit I: Social Deviance
- Concept of social conformity and deviance
- Theories of social deviance

Unit II: Social Change
- Social change: Concept and factors
- Theories of social change

Unit III: Violence in Indian Society
- Concept and nature of violence in Indian society
- Communal violence
- Violence against children

Unit IV: Social Problems
- Drug addiction, HIV/AIDS, beggary, prostitution, and suicide
- Environmental degradation
- Displacement and development

Unit V: Social Defence
- Social defence: Concept, nature, and scope
- Areas of Social defence, Policies and Programmes
- Social defence services in India
- Social defence and voluntary organisations

Readings:
Baig, M. A. A. 1996 Environment, Law and Justice, Regency Publications, New Delhi
Cohen, A. K. 1968 Deviance and Control, Prentice Hall India, New Delhi
<table>
<thead>
<tr>
<th>Author</th>
<th>Year</th>
<th>Title</th>
<th>Publisher/Location</th>
<th>Unit</th>
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</table>
Level: Semester IV  
Course: SW 401  
Title of Paper: Community Organization

Objectives:
- To develop understanding regarding community organization as a method of social work
- To understand the critical elements of community organization practice
- To enhance critical understanding of the models and strategies for community.

Course Content:

Unit- I Understanding Community
- Concept of community: Sociological, cultural and social work
- Perspective of community- geographical and functional community
- Functions of community.
- Historical Development of community work.

Unit- II Community organization as a Practice
- Concept of Community Work, Community Organization and Community Development
- Principles of community organization.
- Processes in community organization- steps and applications.
- Models of community organization and its application.

Unit III Strategies in Community Organization
- Strategies and techniques in Community Organization
- Role of community Organizer

Unit IV Community Dynamics
- Understanding community power structure.
- Empowerment and capacity building through communities.
- People’s participation.

Unit V: Application of Community Organization.
- Community Organization with rural and urban communities.
- Community Organization with vulnerable Communities.
**Readings:**

<table>
<thead>
<tr>
<th>Author(s)</th>
<th>Year</th>
<th>Title</th>
<th>Publisher</th>
<th>Unit</th>
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<tbody>
<tr>
<td>Cox Fred</td>
<td>1987</td>
<td>Community Organization, Michigan</td>
<td>F.E. Peacock Publishers</td>
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<td>Gangrade, K.D.</td>
<td>1971</td>
<td>Community Organization in India</td>
<td>Mumbai: popular Prakashan</td>
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<td>Somesh Kumar</td>
<td>2002</td>
<td>Methods for Community Participation: A complete guide for practitioners</td>
<td>New Delhi: Sage Publication ( Vistaaar)</td>
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<tr>
<td>Vettivel, Surendra</td>
<td>1992</td>
<td>Community Participation: Empowering the Poorest: Role of NGOs</td>
<td>New Delhi: Vetri Publishers</td>
<td>IV</td>
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<tr>
<td>Siddiqui, H.Y.</td>
<td>1997</td>
<td>Community Organization in India</td>
<td>New Delhi: Harnam</td>
<td>I</td>
</tr>
</tbody>
</table>
Level : Semester IV  
Course : SW 402  
Title of Paper : Communication and Development  

Objectives:
1. Understand communication in the context of development  
2. Acquire skills in effective communication  
3. Enhance the capacities in application of development communication tools.

Unit I: Understanding Communication
- Communication: concept, significance, principles, process.  
- Forms of communication: Verbal, non-verbal and written  
- Development Communication  
- Communication in Social Work Profession

Unit II: Connecting Self and Communication
- Self Awareness in communication  
- Listening- stages, functions, barriers  
- Improving communication competence

Unit III: Effective Communication
- Types of Communication: Intrapersonal, Interpersonal, group communication and mass Communication  
- Barriers in Communication  
- Communication as a tool for social development

Unit IV: Mass Communication
- Traditional and modern means of mass communication  
- Propaganda and public opinion  
- Role of mass communication in social change

Unit V: Communication for Development Practice
- Information Education and Communication - relevance, types, effective usage  
- IEC and Development Practice  
- Participatory communication: group discussion, focus group discussion

Readings:
<table>
<thead>
<tr>
<th>Author/Multiple Authors</th>
<th>Year</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Owen, Hargie</td>
<td>2006</td>
<td>'The Handbook of Communication Skills'. Routledge. (Unit III)</td>
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<td>Treholm, Sarah</td>
<td>1993</td>
<td>'Thinking through Communication: AN Introduction to the Study of Human Communication'. Allyn &amp; Bacon. (Unit IV)</td>
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<td>Morreale, Spitzberg &amp; Barge</td>
<td>2001</td>
<td>&quot;Human Communication: Motivation, Knowledge and Skills' Wadsworth, Thomson Learning. (Unit III &amp; IV)</td>
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<td>Narula, Uma</td>
<td>2006</td>
<td>'Handbook of Communication: Models, Perspective, Strategies'. Atlantic. (Unit II)</td>
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<tr>
<td>Narula, Uma</td>
<td>2006</td>
<td>'Dynamics of Mass Communication: Models, Perspective, Strategies'. Atlantic. (Unit IV)</td>
</tr>
</tbody>
</table>
Level : Semester IV  
Course : SW 403  
Title of Paper : Physical, Mental and Community Health

Objectives:

1. Develop an understanding about dimensions of health  
2. Gain knowledge about physical, mental and community health  
3. Develop skills to work with health setting.

Unit I: Understanding Health
Concept and dimensions: Physical, Mental and Community health  
Indicators of health  
Changing concepts in Public Health

Unit II: Health and Disease
- Types of diseases: communicable, non-communicable and life style diseases  
- Impact of disease on individual and community  
- Prevention and control of disease

Unit III: Mental Health and Society
- Mental health, mental illness, mental disorders  
- Understanding normality and abnormality  
- Mental health care system

Unit IV: Health Care policies and Programmes
- Major health policies  
- Trends in health care programmes  
- Reproductive and child health programmes

Unit V: Social Work Response to Public Health
- Occupational health  
- Environment and health  
- Social work profession-roles and responsibilities

Readings:

Park, K. 1994 Preventive and Social Medicine, Banarasidas Bhanot Publishers, Jabalpur. (Unit I & II)  
Mahajan, Guppy 1991 Preventive and Social Medicine, Jaypee Brothers, New Delhi. Unit I & II).
<table>
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<th>Author</th>
<th>Year</th>
<th>Book Title</th>
<th>Publisher/Location</th>
<th>Unit(s)</th>
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<tbody>
<tr>
<td>Christie, AB.</td>
<td>1980</td>
<td>Infectious Diseases: Epidemiology and Clinical Practice</td>
<td>Churchill Livingstone, London</td>
<td>II &amp; III</td>
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<td>Kawta, K</td>
<td>1963</td>
<td>Environmental Sanitation in India</td>
<td>Lucknow Publishing House, Lucknow</td>
<td>III &amp; IV</td>
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<td>Lankenster, T</td>
<td>1992</td>
<td>A Setting Up Community Health Programme: A Practical Approach for Use in</td>
<td>Macmillan</td>
<td>IV &amp; V</td>
</tr>
</tbody>
</table>
Level : Semester V  
Course : SW 501  
Title of Paper : Social Policy and Social Development

Objectives:

1. Understand the concept, process, indicators and determinants of social development.
2. Develop capacity to formulate strategies necessary for social development.

Unit I: Understanding Social Policy
- Social policy: Concept and significance
- Social policy and social welfare policy
- Models of Social Policy
- Social Policy of India

Unit II: Introduction to Social Development
- Concept of Social Development
- Theories of Development
- Models of Social Development

Unit III: Perspectives on Social Development
- Perspectives on social development: Gandhi, Vinoba and Ambedkar.
- Approaches and strategies – Growth with equity, minimum needs and quality of life.
- Political economy of social structure, change and development.

Unit IV: Understanding Human Development
- Human Development
- Indicators of Human Development
- Models of Human Development

Unit V: Contemporary Concerns Related to Social and Human Development
- Globalization, human development, sustainable development and social work.
- Problems of social and human development in India.
- Overview of Human Development Reports with special reference to India.

Readings:

Gore, M.S. 1973  
Some Aspects of Social Development, Bombay, TISS.  
(Unit I)

Kulkarni, P.D. 1979  
Social Policy and Social Development in India, Madras, ASSWI. (Unit I & II)
Pathak, S. 1981 Social Welfare: An Evolutionary and Developmental Perspective, Delhi, MacMillan India. (Unit II & III)
Kulkani, P.D. 1965 Social Policy in India, Bombay, Tata Institute of Social Sciences. (Unit III & IV)
Kulkarni, P.D. & Nanavatty, M.C 1997 Social Issues in Development, Delhi, Uppal Publications. (Unit V)
Midgle, James 1995 Social Development, Delhi Sage Publications. (Unit IV)
Booth, David 1994 Rethinking Social Development, London, Longman. (Unit III)
Singh, R.R 1995 Whither Social Development, New Delhi, ASSWI. (Unit III & IV)
Bhat K.S. ed, 2008 Towards Social Development, Delhi, Rawat Publications. (Unit II, III & IV)
Spicker Paul 2010 Social Policy Themes and approaches, Delhi Jaipur, Rawat Publications. (Unit I)
Drez Jean and Sen Amartya 2007 Indian Development, New Delhi, Oxford University Press. (Unit IV)

Suggested Readings

Level : Semester V
Course : SW 502
Title of Paper : Social Legislation and Human Rights

Objectives:

1. Develop insights into the history and evolution of human rights discourse.
2. Understand legislative provisions involved in establishing and maintaining human rights.
3. Delineate the role of professional social workers in legal aid, legal assistance and social advocacy.

Course Content

Unit 1: Understanding Human Rights
  • Human Rights: Introduction
  • Three Generations of Human Rights: Positioning Social Work
  • Social Movements & Human Rights in India
  • Social Ideals of Indian Constitution: Fundamental rights and duties

Unit 2: Social Justice and Human Rights
  • Approaches to Social Justice (Marx, Gandhi, Friere).
  • Human Rights and Social Justice Concerns in Indian Society.
  • Universal Human Rights: Covenant on Civil, Political, Economic, Social and Cultural Right
  • Rights of Migrant workers and Refugees.

Unit 3: Social Legislation and Social Change
  • Social Legislation, Nature and Scope.
  • Law, Society and Social Change
  • Emerging Issues and concerns of lesbians, gays, bi-sexuals, trans-gendered (LGBT)
  • Legal and public advocacy, PIL, legal literacy, free legal aid and RTI

Unit 4: Legal Provisions-I
  • Legal Provision for women regarding marriage, dowry, and domestic violence
  • Legal provision for marginalized groups in the Indian society: SC/ST/OBC and Minorities people
  • Legal Provision for disable and elderly people, children, and commercial sex workers
  • Statutory bodies-National Human Rights Commission, National Commission for Women, National Commission for Minorities, National Commission for SC/ST.

Unit 5: Mechanism and Strategies of Social Work practice
  • Human Rights perspective in social work practice: ethnic sensitive practice, feminist practice, social work with diverse groups
  • Laws and social advocacy
  • Human rights activism and civil society initiatives in India
**Readings:**

<table>
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<tr>
<th>Author</th>
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<th>Title</th>
<th>Publisher</th>
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<tr>
<td>Centre for</td>
<td>2004</td>
<td>The Right to Development: A primer.</td>
<td>Centre for Development of Human Rights.</td>
<td>(Unit I)</td>
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<td>Development of</td>
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<td>Human Rights</td>
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<td>Nirmal, C.J.</td>
<td>1999</td>
<td>Human Rights in India-Historical, social and political perspectives.</td>
<td>Oxford University Press</td>
<td>(Unit II)</td>
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<tr>
<td>Parker, J</td>
<td>2004</td>
<td>Effective Practice Learning in Social Work.</td>
<td>Learning Matters Ltd, Southernhay East U.K</td>
<td>(Unit V)</td>
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<tr>
<td>Raju, C.B</td>
<td>2006</td>
<td>Social Justice &amp; The Constitution of India.</td>
<td>Serials Publications, New Delhi</td>
<td>(Unit I)</td>
<td></td>
</tr>
<tr>
<td>Chandra, A.</td>
<td>2000</td>
<td>Human Rights Activism and Role of NGO’s.</td>
<td>Rajat Publications, Delhi</td>
<td>(Unit V)</td>
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<tr>
<td>Mohapatra, A.R</td>
<td>2001</td>
<td>Public Interest Litigation and Human Rights in India.</td>
<td>Radha Publication, New Delhi</td>
<td>(Unit III)</td>
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</tbody>
</table>
Level : Semester V  
Course : SW 503  
Title of Paper : Social Action and Movements

Objectives:
1. Familiarize s with conceptual issues in defining social action and social movements.  
2. Provide an over view of evolution of social action as method in social work.  
3. Acquaint students with various theoretical perspectives on social movement.

Course Content:

Unit I: Understanding Social Action
- Social action: Concept, meaning, scope and strategies  
- Models of social action  
- Social action and social change

Unit II: Social Work and Social Action
- History of Radical Social Work Practice  
- Settlement House Movement and Anti-oppressive Social work practice  
- Critical Social work and Structural Social Work practice

Unit III: Perspectives of Social Action
- Concept of conscientisation and critical awareness  
- Paulo Friere and Saul Alinskey’s contribution to Social Action

Unit IV: Social Movements and Social Change
- Social Movements: Concept, nature and Components  
- Classification of Social Movements  
- Old and New Social Movements, Characteristics of New Social Movements

Unit V: Social Movement in India
- Overview of Social Movements in India  
- Peasant Movements, Labour movements, Women’s movements, Dalit movements, Tribal movements, Environmental Movements

Readings:
- Freire, P 1970 Pedagogy of the Oppressed. New York:
<table>
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<tr>
<th>Author(s)</th>
<th>Year</th>
<th>Title</th>
<th>Location</th>
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<tbody>
<tr>
<td>Shah, G.</td>
<td>2002</td>
<td>Social Movements and the State.</td>
<td>New Delhi: Sage.</td>
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<td>Bailey, R and Brake, M.</td>
<td>1975</td>
<td>Radical Social Work, London: Edward Arnold.</td>
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</tr>
</tbody>
</table>
Level : Semester V  
Course : SW 504 
Title of Paper : Areas of Social Work Practice -1

Objectives:

- Develop an understanding of the areas of social work practice.
- Develop skills required for professional social work practice.

Course Content:

Unit I: Social Work with Family and Child

- Changing patterns of family in India
- Needs and problems of families
- Needs and challenges for children,
- Family and child welfare polices and programmes in India.
- Emerging role of social workers in dealing with families and children in difficult circumstances

Unit II: Social Work with Youth

- Problems of youth in contemporary society
- Youth and youth welfare (Major polices and Progammes), factors influencing development of youth
- Youth and Leadership, Role of youth in nation building, Role of social workers in working with youth in difficulties.

Unit 3: Social Work with Differently Abled

- Understanding Disability: Concept, Types, needs, problems and causative factors at the individual and societal level.
- Major Polices and programes for differently abled in India.
- Services provided by voluntary and governmental organizations, Institutional care Vs. Community Based Rehabilitation and Inclusion.
- Role and challenges of Social Worker in dealing with people with special needs.

Unit 4: Social Work with Women

- Women and society: Challenges to identity and status
- Problems of Tribal, Rural and Urban Women;
- Legislations and Programmes
- Role of social workers in empowerment of women
Unit 5: Social Work in Education

- Education, Socialization and Social Work
- Flag-ship education programmes in India: Sarva Shiksha Abhiyan and Right to Education, Non-Formal Education, Adult Education.
- Working in schools to deal with school phobia, depressed, grieving, suicidal students, school community collaborative initiatives and home visiting
- Historical overview of School Social work in India, Role of professional organizations. Challenges in school social work practice

Readings:

<table>
<thead>
<tr>
<th>Author(s)</th>
<th>Year</th>
<th>Title of Work</th>
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<tbody>
<tr>
<td>Tata Institute of Social Sciences</td>
<td>1994</td>
<td>Enhancing the role of family as an agency for Social and Economic Development</td>
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<tr>
<td>Gore, M.S.</td>
<td>1980</td>
<td>Organization and Family change, Popular Prakashan, Bombay (Unit-1)</td>
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<td>Rapp-Paglicci, L.A., Dulmus, C.N.</td>
<td>2003</td>
<td>Handbook of Prevention Interventions for children and Adolescents, New York,</td>
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<td>&amp; Wodarski, J.S.</td>
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<td>John Wiley &amp; Sons. (Unit-1)</td>
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<td>Rani, A.</td>
<td>1986</td>
<td>Gruyter, New York (Unit-1)</td>
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<td>Singh, R.R.</td>
<td>1987</td>
<td>Social Care of Child in Delhi: Policy, Programme and Process, Department of</td>
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<td>Fuchs, E. (ed.)</td>
<td>1976</td>
<td>Social Work, University of Delhi. (Unit-1)</td>
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<td>Pandey, R.</td>
<td>1984</td>
<td>Sociology of Youth, Sterling Publication, New Delhi (Unit-2)</td>
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<td>Oliver</td>
<td>1993</td>
<td>Social Work-Disabled People and Disabling Environment, Jessica Kingsley</td>
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<td>The Gazette of India</td>
<td>1995</td>
<td>Publishers, London (Unit-3)</td>
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<td>Samnta, R.K.</td>
<td>2005</td>
<td>The persons with Disabilities-(equal opportunities, protection of rights and</td>
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<td>Allen-Meares, P</td>
<td>2007</td>
<td>Empowerment of Rural Indian Women Study of Uttrakhand, Kalpaz Publications,</td>
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<td>Gandhi, A.</td>
<td>1990</td>
<td>New Delhi (Unit-4)</td>
</tr>
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<td></td>
<td></td>
<td>School Social Work in India, Common Wealth Pubs. New Delhi (Unit-5)</td>
</tr>
</tbody>
</table>
Level : Semester VI  
Course : SW 601  
Title of Paper : Social Welfare Administration

Objectives:

1. Understand concept, principles and components of social welfare administration.  
2. Develop understanding of social welfare administration as a method of social work profession.  
3. Acquire competence in social welfare and development services.

Course Content:

Unit I: Social Welfare Administration an Introduction  
- Concept and nature of social welfare administration  
- History of social welfare administration  
- Principles of social welfare administration

Unit II: Structures and Processes  
- Central and state welfare boards  
- Processes in Social Welfare Administration

Unit III: Components in Welfare Administration  
- Registrations of Welfare Organization  
- Resource Mobilization, Grant-in-aid  
- Fund raising

Unit IV: Organization of Human Services  
- Establishment of human service organization  
- Management of human service organization  
- Decision making processes  
- Role of Communication in administration

Unit V: Emerging Trends in Welfare Administration  
- Practice of Social Welfare Administration in different settings.  
- Social welfare Administration as an instrument of Social Change

Readings:

Connaway R.S. & Gentry M.E. 1988 Social Work Practice, New Jersey M.E. Prentice Hall. (Unit I)
Jagannadham, C 1978 Administration and social change, New Delhi, Uppal Publishing House. (Unit I)
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<th>Author(s)</th>
<th>Year</th>
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<th>Publisher and Location</th>
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<tbody>
<tr>
<td>Siddiqui H.Y.</td>
<td>1990</td>
<td>Social Welfare in India</td>
<td>New Delhi, Harnam Publications</td>
<td>I</td>
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<td>Specht, Harry and Anne Vickery</td>
<td>1977</td>
<td>Integrating Social Work Methods</td>
<td>George Allen and Unwin</td>
<td>I</td>
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<td>Gupta, N.S.</td>
<td>1979</td>
<td>Principles and Practice of Management</td>
<td>New Delhi, Light and Life Publications</td>
<td>II</td>
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<tr>
<td>Kabra, K.N.</td>
<td>1977</td>
<td>Planning Process in a District</td>
<td>New Delhi, India Institute of Public Administration</td>
<td>III</td>
</tr>
<tr>
<td>Sachdeva, D.R.</td>
<td>1993</td>
<td>Social Welfare Administration in India</td>
<td>Allahabad, Kitab Mahal</td>
<td>IV and V</td>
</tr>
</tbody>
</table>
Level : Semester VI  
Course : SW 602  
Title of Paper : Research in Social Work

Objectives:

- Familiarize students with the nature of social science research and its application in the study of social phenomena.
- Help students learn the research process and develop abilities to prepare research design.
- Learn the process of Data collection, organization, presentation, analysis and report writing.

Course Content:

Unit I: Research as Scientific Method
- Basics of Research: Meaning, definition, nature, types of research- Basic and applied, application of research in social sciences,
- Social science research and social work research : Meaning, nature, significance and difference
- Ethics of social research

Unit II: Research Process
- Formulation of research problem
- Review of literature
- Hypotheses: concept, meaning and process of formulation
- Research design: exploratory, descriptive, experimental

Unit III: Sampling framework and data collection
- Concept of universe, sample, sampling unit and source list
- Types of sampling frame – Probability and non-probability
- Sources of data (primary and secondary), Methods of data collection (interview, observation, case study and focus group discussion)
- Tools of data collection- interview schedule, interview guide, questionnaire, observation guide,

Unit IV: Data Management, Presentation and Report Writing
- Data processing: editing and coding
- Data organization and presentation – tabular and graphical, Data analysis and interpretation
- Writing research reports
Unit V: Basic Statistics

- Science of statistics- concept, definition, functions and limitations
- Descriptive statistics – measures of central tendency (mean, median, mode).
  Measures of dispersion (range, mean deviation, standard deviation, coefficient of variation)

Readings:

Kumar, R., 2006 Research Methodology, 2nd ed., Pearson Education, New Delhi (Unit I)
Ramachandram, P. 1990 Issues in Social Work Research in India, TISS, Bombay. (Unit I)
Wilkinson & Bhandarkar 1992 Methods and Techniques of Social Research, 9th revised ed., Himalayan publishing house, New Delhi (Unit IV)
Burns, R.B. 2000 Introduction to Research Methods, Sage Publications, New Delhi (Unit III)
Siokin, R.M. 1955 Statistics for Social Sciences, Sage Publications, New Delhi(Unit V)
Gupta, S.P. 2002 Statistical Methods 31st revised ed., Sultan Chand & Sons, New Delhi (Unit V)
Hill, T. & Lewicki , P. 2007 Statistics Methods and Applications, Statsoft, Tulsa (Unit V)
Lomex, R.G. 2007 An Introduction to Statistical Concept 2nd ed., Psychology Press (Tylor & Francis group), USA (Unit V)
Level : Semester VI  
Course : SW 603  
Title of Paper : Areas of Social Work Practice-II  

Objectives:

- Develop an understanding of the different areas of social work practice.
- Develop skills to work with various areas of social work practice.

Course Contents:

Unit I: Scheduled Castes, Scheduled Tribes and Other Underprivileged Groups
- Problems of scheduled castes and scheduled tribes
- Crimes against scheduled castes and scheduled tribes
- Social Legislations, reservation policy and welfare programmes related to scheduled castes, scheduled Tribes, and other backward classes

Unit II: Ecology and Social Work
- Environment and ecology: relationship with people and society
- Development and its impact on environment, Economic liberalization in global context
- Environmental movements and people’s initiative
- Legislation to protect and promote environment

Unit III: Community Development
- Concept of community development
- Historical perspective of community development
- Rural and urban community development programmes
- Panchayati raj and 73rd and 74th constitutional amendment
- Cooperatives and rural development

Unit IV: Social Work in Industry
- Concept of labour welfare, personnel management, Human Resource management, Industrial Relation
- Occupational Social Work
- Trade unions-objectives and Functions, Growth of trade union movement in India
- Use of methods of social work in industry
- Role of social worker in industry

Unit V: Social Work in Correctional Settings
- Introducing social defence and criminal justice system
- Social defence legislations in relation to correctional services
- Institutional and non-institutional correctional services
- Community participation and voluntary organizations in crime prevention

Readings:

<table>
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<tr>
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<th>Title</th>
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<tbody>
<tr>
<td>Beteille, Andre</td>
<td>1992</td>
<td>The Backward Classes in Contemporary India, Delhi, Oxford</td>
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<td>Unit I</td>
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<tr>
<td>Sharma, B.D</td>
<td>1984</td>
<td>Tribal Development, New Delhi, Prachi Prakashan</td>
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<tr>
<td>Desai, Vasant</td>
<td>1988</td>
<td>Rural Development, Himalaya publishing House, Mumbai</td>
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<td>Maheswari, S.P</td>
<td>1985</td>
<td>Rural Development in India, Sage, NewDelhi</td>
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<td>Singh, Kartar</td>
<td>2008</td>
<td>Rural Development, Sage, New Delhi</td>
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<td>Unit II</td>
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<td>Desai vandana</td>
<td>1995</td>
<td>Community Participation and Slum Housing, A study of Mumbai</td>
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<td>Unit I</td>
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Level : Semester VI
Course : SW 604
Title of Paper : NGO Management

Objectives:
1. Develop an understanding of non-governmental organizations
2. Acquire skills and competence in managing NGOs

Course Content:

Unit I: Conceptual Framework and Historical Development
- Basic concepts: NGOs, Voluntary action, voluntary organization, civil society organisations
- Historical development of NGOs in India

Unit II: Initiating an NGO
- Formation of By-laws
- Registration of NGO

Unit III: Managing NGO.
- Record keeping, documentation, budgeting, accounting and auditing
- Staffing
- Capacity Building, Training and Development
- Organizational behaviour

Unit IV: Resource Mobilization and management
- Mobilizing human and material resources
- Fund raising and Grant-in-aid

Unit V: Project planning and execution
- Formulation of project proposals
- Project implementation
- Project appraisal - Social, Technical and Financial
- Project Monitoring and Evaluation
- Documentation

Readings:

PRIA 2000 Defining Voluntary Sector in India: Voluntary Civil or Non-profit, New Delhi: PRIA (Unit I)

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