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A.C. :

Item No. :


Annexure No.

UNIVERSITY OF DELHI
DELHI-110007

B.A. (PROGRAMME) PSYCHOLOGY EXAMINATION

THREE-YEAR FULL-TIME PROGRAMME
(Six-Semester Course)

COURSE CONTENTS
(Effective from the Academic Year 2011-2012)


Prof. Anand Prakash
Head
Department of Psychology
University of Delhi
110007

STRUCTURE OF B.A. (PROGRAMME) PSYCHOLOGY COURSE

The B. A. (Program) Psychology of Delhi University is a unique construction for enriching and encompassing those minds who have not been able to or intend to join the Honors Courses. The Program envisions the capturing of the academic brilliance in the minds of those pupils who look for holistic and competence enhancing spheres, which includes a multidimensional, interesting and empowering academic discourse. This Program is second to none as it facilitates the discovery of those areas for the knowledge seekers, which may not have been apparent in the routine syllabus. This Course is not only inert-disciplinary but also a course, which will open multiple avenues for academic and professional explorations.

1st Year

SEMESTER-I

Paper 001: Orientation to Psychology

50 Marks

SEMESTER-II

Paper 002: Practicum-I (General Experiments)

50 Marks

2nd Year

SEMESTER-III

Paper 003 : Introduction to Social Psychology

50 Marks

SEMESTER-IV

Paper 004: Psychological Distress and Well-Being

50 Marks

3rd Year

SEMESTER-V

Paper 005: Psychological Skills

50 Marks

SEMESTER-VI

Paper 006: Practicum II (Psychological Testing)

50 Marks

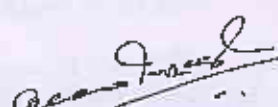
General Notes:

All other papers are for 50 Marks (Theory 38 Marks and Internal Assessment 12 Marks).

For all Practicals, there should be total 3 classes per week per group (group size 10-12).

The internal assessment will be as per the University norms.

Committee of Courses recommended that a Review Committee under the convenorship of the Head of the Department and Teacher-In-Charge of each of the Colleges where such program is taught be constituted and approved to look into the matters related to the courses at the end of each Academic Session.


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COURSE DETAILS

1st Year

SEMESTER-I

Paper 001: Orientation to Psychology 50 Marks

Unit I: Introduction to Psychology

Psychology: A science and a perspective, Origin and development in the discipline, Psychology in India: main trends, Methods: Experimentation, Case study. 10 Marks

Unit II: Biological Foundations

Physiological system
Neurons, Nervous system- Central Nervous System 8 Marks

Unit III: Cognitive Processes


Perception- Nature of Perception, Laws of Perceptual organization Learning- Conditioning
Memory- Processes of Memory, Model-Information processing model, how to improve memory. 10 Marks

Unit IV: Motivation and Emotion

Motives: Biogenic (hunger and sex) and sociogenic (achievement and affiliation).
Human Emotions: Aspects of emotion; Key emotions: Fear, Anger, Love, and Forgiveness. 10 Marks

Reading List:

- Ciccarelli, S. K & Meyer, G. E. (2008). *Psychology* (South Asian Edition). New Delhi: Pearson
- Feldman. S. Robert (2009). *Essentials of understanding psychology* (7th Edition). New Delhi: Tata- McGraw Hill.
- Glassman, W. E. (2000). *Approaches to psychology*. (3rd Edition). London: Open University Press.
- Sternberg, R. J. (2001). *Psychology: In search of the human mind*. (3rd Edition). New York: Harcourt College Publish


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SEMISTER-II

Paper 002: Practicum-I

50 Marks

General Experiments

Conduct and reporting of 3experiments:

1. Learning
2. Memory
3. Perception and Attention
4. Motivation and emotion

2nd Year

SEMISTER-III

Paper 003 : Introduction to Social Psychology

50 Marks

Unit I: *Introduction*

Scope of social Psychology. Levels of Social behavior, Main Approaches towards understanding social behavior.

8 Marks

Unit II: *Individual level processes*

Person Perception- Attribution theories, bias and errors
Attitude- Formation, change and resistance of attitude

10 Marks

Unit III: *Interpersonal processes*

Prosocial behavior

Aggression- Nature, causes of human aggression (social or personal), prevention and control of aggression.

10 Marks

Unit IV: *Group dynamics*

Communication- Verbal and Non-verbal Communication

Group- Basic aspects, coordination in groups; cooperation and conflict, Decision making by groups.


10 Marks

Reading List:

Baron, R. A. & Byrne, D. (2004). *Social Psychology* (10th Edition). Delhi: Pearson Education.

Feldman, R. S. (1998). *Social Psychology* (2nd Edition). New Jersey: Prentice Hall.

Myers, D. G. (2006). *Social Psychology* (8th Edition). New Delhi: Tata McGraw Hill.


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SEMESTER-IV

Paper 004: Psychological Distress and Well-Being 50 Marks

Unit I: Basic Concepts

Psychological Distress, Abnormality and Psychological Wellbeing. 10 Marks

Unit II: Theoretical Perspectives

Biological, familial, cultural, behavioural, cognitive and psychodynamic. 10 Marks

Unit III : Clinical States

Anxiety Disorder- Obsessive-Compulsive disorder(OCD), Mood Disorders-Unipolar, Bipolar, and Schizophrenia: Disorganized, Paranoid and Catatonic. 10 Marks

Unit IV: Dealing with Psychological Distress

Coping strategy- Interventions for personal growth and well-being 8 Marks

Reading List:

Carr, A. (2004). *Positive Psychology: The Science of Happiness and Human Strength*. New York: Brunner-Routledge.

Carson, R.C. & Butcher, J. N. (2000). *Abnormal Psychology in Modern Life*. Boston: Allyn Bacon.

Frude, N. (1998). *Understanding Abnormal Psychology*. Oxford: Blackwell Publishers.

3rd Year

SEMESTER-V

Paper 005: Psychological Skills 50 Marks

Unit I: Introduction

Scales of Measurement, Graphical Representation of Data. 8 Marks

Unit II: Making sense of data

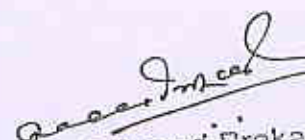
Measures of Central Tendency: Mean, Median, Mode (properties and computation). Standard Deviation: properties and computation. Correlation: Karl Pearson Method, properties of Normal Probability Curve (NPC). 15 Marks

Unit III: Assessing psychological dispositions

Introduction to psychological testing, characteristics of test, Reliability, Validity, Norms 8 Marks

Unit IV: Learning from others

Interview and observation 7 Marks


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Reading List:

Anestasi, A. & Urbina, S. (2002). *Psychological Testing*. Delhi: Pearson Education.

Garrett, H. E & Woodworth, R. S. (1987). *Statistics in Psychology and Education*. Mumbai: Vakils, Feffer & Simons Pvt. Ltd.

Gregory, R. J. (2008). *Psychological Testing: History, Principles, and Applications*. Delhi: Pearson Education.

Minimum, E. W., King, B. M. & Bear, G. (1993). *Statistical Reasoning in Psychology and Education* (3rd Edition). New York: John Wiley.


SEMESTER-VI

Paper 006: Practicum II

50 Marks

Administering and reporting three psychological tests.

1. Personality
2. Intelligence
3. Aptitude
4. Adjustment/ interest


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