

## CHAPTER 44

### PHYSICAL EDUCATION & SPORTS SCIENCES

#### Doctoral Theses

489. ARYA (Deepti)  
**Study of Mental Training Programme on Learning of Selected Skill in Badminton.**  
Supervisor : Dr. Lalit Sharma  
Th 19826

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1. Introduction. 2. Review of related literature. 3. Procedure and methodology. 4. Analysis of data and findings of the study. 5. Summary, conclusions and recommendations. Reference and annexures.

490. KUNDU (Uday Bhanu)  
**Effect of Asanas and Pranayama on Selected Anthropometric and Psycho-Physiological Variables of School Going Children**  
Supervisor : Dr. Tarak Nath Pramanik  
Th 19827

*Contents*

1. Introduction. 2. Review of related literature. 3. Procedure 4. Analysis of data and result of the study. 5. Summary, conclusions and recommendations. Appendices and bibliography