



दिल्ली विश्वविद्यालय University of Delhi

कुलसचिव

Registrar

No.DSW/Good Mental Health/2025/R-4591
05th May, 2025

NOTIFICATION

With a view to address common concerns of the students such as Stress, Anxiety, poor dietary habits, lack of physical activity, sleep disturbance(s) and social isolation, a Committee consisting of the following has been constituted:

1. Prof. Ranjan Kumar Tripathi, Dean Students' Welfare - **Chairperson**
2. Prof. Amit Bardhan, Joint Dean Students' Welfare
3. Prof. Sangeeta Gadre, Joint Dean Students' Welfare
4. Prof. Geeta Sahare, Joint Proctor
5. Prof. B.W. Pandey, Provost, International Student's House
6. Dr. M. Khyothunglo Humtsoe, Deputy Dean Students' Welfare
7. Chief Medical Officer, University of Delhi
8. Dr. Manoj Bajaj, Department of Psychology
9. Dr. Vageesh B G, Associate Professor, Department of GI Surgery, G.B. Pant Institute of Postgraduate Medical Education & Research
10. Dr. Sunita Singh, Warden, Meghdoot Hostel
11. Dr. Nidhi S. Chandra, Deputy Dean Students' Welfare- **Member Secretary**
12. Mr. Ayush Nandan, P.G. Men's Hostel, Ph.D. (Department of Sanskrit)
13. Ms. Samiksha Singh, B. Com. (H), Semester IV, Daulat Ram College

The Committee shall take all steps as deemed to achieve the objective in addition to the aim of the Committee to:

- Promote awareness among students by organizing wellness workshops, seminars and campaigns
- Encourage students for participation in fitness and recreational activities such as yoga sessions, fitness classes and other such activities as preventive measures
- Provide mental health support and counselling to students.

This issues with the approval of the Competent Authority.


REGISTRAR