

**UNIVERSITY OF DELHI**  
**DEPARTMENT : PSYCHOLOGY**  
**B.A. (Programme ) Psychology**  
**(SEMESTER-I)**

based on

Undergraduate Curriculum Framework 2022 (UGCF)

(Effective from Academic Year 2022-23)



**List of DSC Papers (Major)**

Course Title	Nature of the Course	Total Credits	Components			Contents of the course and reference is in
			L	T	P	
<b>Fundamentals of Psychology</b>	DSC01 (A)	4				
			3	0	1	<b>Annexure-I</b>
<b>Fundamentals of Cognitive Psychology</b>	DSC02 (A/B)	4	3	0	1	<b>Annexure-II</b>

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**List of DSC Papers (Minor)**

Course Title	Nature of the Course	Total Credits	Components			Contents of the course and reference is in
			L	T	P	
<b>Fundamentals of Psychology</b>	DSC01 (A)	4				
			3	0	1	<b>Annexure-I</b>

**UGCF for Courses of Study with more than Core Discipline (NEP)**

**DSC (Semester 1): Fundamentals of Psychology**

**4 Credits: 3 Credits for theory, 1 Credit for Practical**

**3 classes for theory + 2 classes for Practical (10-12 students per week per group)**

**Objective:** To introduce learners to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.

**Learning Outcomes:** After completing this course, the student will be able to:

- Understand the basic psychological processes
- Apply principles of psychology in everyday life

**Unit 1: Introduction**

Psychology: Nature, goals and scope; Perspectives in psychology: Structuralism, Functionalism, Evolutionary, Psychodynamic, Behaviourism, Cognitive, Humanistic-Existential, Indian perspective.

**Unit 2: Learning and Memory**

**Nature of Learning and applications:** Classical conditioning, operant conditioning, observational learning.

**Memory:** Nature and models of memory- Information processing, levels of processing, parallel distributed processing; techniques for improving memory.

**Unit 3: Personality and Intelligence**

**Personality:** Nature of personality; theories of personality: Trait theory (Big Five Theory), Psychoanalytic and Humanistic

**Intelligence:** Nature of intelligence; theories of intelligence: Spearman's two factor, Gardner's multiple intelligence, Sternberg triarchic theory; PASS model

**Unit 4: Practicum**

Any one experiment based on Unit-2.

**References:**

Baron, R. A. & Mishra, G. (2016). Psychology. Pearson.

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Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

Feldman R.S. (2011 ).Understanding Psychology, 10th edition.Delhi : Tata- McGraw Hill.  
Hilgard & Atkinson- Introduction to Psychology (2003) 14th Edition, Thomson Learning Inc.

Morgan, C.T., King, R.A., Weisz, J.R., &Schopler, J. (2008). Introduction to psychology (7th edition) Bombay: Tata-McGraw Hill.

Hussain, Akbar (2014). Experiments in Psychology. Publishers: PHI learning Pvt. Ltd.

Mohanty. G. (2010). Experiments in Psychology. New Delhi: Kalyani Publishers.

Dandekar. W.N (1999). Experimental Psychology. Pune: Proficient publishing house.

### **DSC (Optional) (Semester 1): Fundamentals of Cognitive Psychology**

**4 Credits: 3 Credits for theory, 1 Credit for Practical**

**3 classes for theory + 2 classes for Practical (10-12 students per week per group)**

**Objective:** Understanding the fundamental concepts of human cognition and how cognitive functioning operates in everyday life.

**Learning Outcomes:** After completing this course, the student will be able to:

- Appreciate important concepts related to cognition such as attention, perception, problem-solving and creativity
- Develop an insight into the applications of cognitive psychology concepts in everyday life.
- Design studies/research on cognitive concepts.

#### **Unit 1: Introduction**

Cognitive Psychology: Cognitive revolution, nature, methods and scope; fundamental ideas and key themes; culture and cognition

#### **Unit 2: Attention and Perception**

Attention: Nature, determinants, theories, and applications

Perception: Nature of perception, laws of perception, perceptual illusions

#### **Unit 3: Problem solving and Creativity**

Problem Solving: Nature, processes and methods (Algorithms and Heuristics), barriers of problem solving, convergent and divergent thinking, creativity in problem-solving

#### **Unit 4: Practicum**

Any one laboratory or field practicum based on the above three units.

## References

- Baron, R. A. & Mishra, G. (2016). *Psychology*. Pearson
- Ciccarelli, S.K., & White, J.N. (2012). *Psychology*. Pearson Education, Inc.
- Eysenck, M.W. & Keane, M.T. (2002). *Cognitive Psychology: A Student's Handbook*. Psychology Press.
- Feldman, R. (2017). *Essentials of Understanding Psychology*. McGraw-Hill Education.
- Galotti, K.M. (2015). [\*Cognitive Psychology: In And Out Of The Laboratory\*](#). Sage.
- Mishra, G. (2009). *Psychology In India, Volume I: Basic Psychological Processes And Human Development*. Pearson Education
- Mangal, S.K. (2002). *Advanced Educational Psychology*. PHI Learning Pvt. Ltd.
- Morgan, C.T., King, R.A., Weisz, J.R., & Schopler, J. (1993). *Introduction to Psychology*. Tata-McGraw
- Passer, M.W., & Smith, R.E. (2011). *Psychology: The Science of Mind and Behaviour*. McGraw-Hill.
- Sternberg, R. Sternberg, K., & Mio, J. (2012). *Cognitive Psychology*. Cengage Learning.
- [Varnum, M., Grossman, I., Kitayama, S., & Nisbett, R. \(2010\). \*The Origin of Cultural Differences in Cognition: Evidence for the Social Orientation Hypothesis\*. \*Curr Dir Psychol Sci\*. 2010; 19\(1\): 9–13. doi: \[10.1177/0963721409359301\]\(https://doi.org/10.1177/0963721409359301\). Available from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2838233/>](#)