

UNIVERSITY OF DELHI
DEPARTMENT : PSYCHOLOGY
B.A. (Programme) Psychology
(SEMESTER-I)

based on

Undergraduate Curriculum Framework 2022 (UGCF)

(Effective from Academic Year 2022-23)



List of DSC Papers (Major)

Course Title	Nature of the Course	Total Credits	Components			Contents of the course and reference is in
Fundamentals of Psychology	DSC01 (A)	4	L	T	P	
			3	0	1	Annexure-I
Fundamentals of Cognitive Psychology	DSC02 (A/B)	4	3	0	1	Annexure-II

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List of DSC Papers (Minor)

Course Title	Nature of the Course	Total Credits	Components			Contents of the course and reference is in
Fundamentals of Psychology	DSC01 (A)	4	L	T	P	
			3	0	1	Annexure-I

UGCF for Courses of Study with more than Core Discipline (NEP)

DSC (Semester 1): Fundamentals of Psychology

4 Credits: 3 Credits for theory, 1 Credit for Practical

3 classes for theory + 2 classes for Practical (10-12 students per week per group)

Objective: To introduce learners to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.

Learning Outcomes: After completing this course, the student will be able to:

- Understand the basic psychological processes
- Apply principles of psychology in everyday life

Unit 1: Introduction

Psychology: Nature, goals and scope; Perspectives in psychology: Structuralism, Functionalism, Evolutionary, Psychodynamic, Behaviourism, Cognitive, Humanistic-Existential, Indian perspective.

Unit 2: Learning and Memory

Nature of Learning and applications: Classical conditioning, operant conditioning, observational learning.

Memory: Nature and models of memory- Information processing, levels of processing, parallel distributed processing; techniques for improving memory.

Unit 3: Personality and Intelligence

Personality: Nature of personality; theories of personality: Trait theory (Big Five Theory), Psychoanalytic and Humanistic

Intelligence: Nature of intelligence; theories of intelligence: Spearman's two factor, Gardner's multiple intelligence, Sternberg triarchic theory; PASS model

Unit 4: Practicum

Any one experiment based on Unit-2.

References:

Baron, R. A. & Mishra, G. (2016). Psychology. Pearson.

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Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.

Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

Feldman R.S. (2011).Understanding Psychology, 10th edition.Delhi : Tata- McGraw Hill.
Hilgard & Atkinson- Introduction to Psychology (2003) 14th Edition, Thomson Learning Inc.

Morgan, C.T., King, R.A., Weisz, J.R., &Schopler, J. (2008). Introduction to psychology (7th edition) Bombay: Tata-McGraw Hill.

Hussain, Akbar (2014). Experiments in Psychology. Publishers: PHI learning Pvt. Ltd.

Mohanty. G. (2010). Experiments in Psychology. New Delhi: Kalyani Publishers.

Dandekar. W.N (1999). Experimental Psychology. Pune: Proficient publishing house.

DSC (Optional) (Semester 1): Fundamentals of Cognitive Psychology

4 Credits: 3 Credits for theory, 1 Credit for Practical

3 classes for theory + 2 classes for Practical (10-12 students per week per group)

Objective: Understanding the fundamental concepts of human cognition and how cognitive functioning operates in everyday life.

Learning Outcomes: After completing this course, the student will be able to:

- Appreciate important concepts related to cognition such as attention, perception, problem-solving and creativity
- Develop an insight into the applications of cognitive psychology concepts in everyday life.
- Design studies/research on cognitive concepts.

Unit 1: Introduction

Cognitive Psychology: Cognitive revolution, nature, methods and scope; fundamental ideas and key themes; culture and cognition

Unit 2: Attention and Perception

Attention: Nature, determinants, theories, and applications

Perception: Nature of perception, laws of perception, perceptual illusions

Unit 3: Problem solving and Creativity

Problem Solving: Nature, processes and methods (Algorithms and Heuristics), barriers of problem solving, convergent and divergent thinking, creativity in problem-solving

Unit 4: Practicum

Any one laboratory or field practicum based on the above three units.

References

- Baron, R. A. & Mishra, G. (2016). *Psychology*. Pearson
- Ciccarelli, S.K., & White, J.N. (2012). *Psychology*. Pearson Education, Inc.
- Eysenck, M.W. & Keane, M.T. (2002). *Cognitive Psychology: A Student's Handbook*. Psychology Press.
- Feldman, R. (2017). *Essentials of Understanding Psychology*. McGraw-Hill Education.
- Galotti, K.M. (2015). *Cognitive Psychology: In And Out Of The Laboratory*. Sage.
- Mishra, G. (2009). *Psychology In India, Volume I: Basic Psychological Processes And Human Development*. Pearson Education
- Mangal, S.K. (2002). *Advanced Educational Psychology*. PHI Learning Pvt. Ltd.
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- Passer, M.W., & Smith, R.E. (2011). *Psychology: The Science of Mind and Behaviour*. McGraw-Hill.
- Sternberg, R. Sternberg, K., & Mio, J. (2012). *Cognitive Psychology*. Cengage Learning.
- Varnum, M., Grossman, I., Kitayama, S., & Nisbett, R. (2010). *The Origin of Cultural Differences in Cognition: Evidence for the Social Orientation Hypothesis*. Curr Dir Psychol Sci. 2010; 19(1): 9–13.doi: [10.1177/0963721409359301](https://doi.org/10.1177/0963721409359301). Available from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2838233/>