

**DEPARTMENT OF BUDDHIST STUDIES**  
**FACULTY OF ARTS, UNIVERSITY OF DELHI**  
**B. A. SYLLABUS OF SEMESTER V & VI**

Sl. No.	TITLE OF THE PAPER	Type of Course
<b>SEMESTER – V</b>		
1.	DSC- 5: Selected Pāli Texts	Non Major/Minor
2.	DSC- 5: Buddhist Heritage	Major
3.	Buddhist Cultural History and Heritage OR Relevance of Buddhism to the Contemporary World	DSE (Choose one)
GE		
4.	GE – V: Socially Engaged Buddhism	GE
<b>SEMESTER – VI</b>		
5.	DSC- 6 Buddhist Psychology	Non Major/Minor
6.	DSC- 6 Buddhist Ethics	Major
7.	Socially Engaged Buddhism OR Buddhist Art and Architecture of India	DSE (Choose one)
GE		
8.	GE – VI, Buddhist Ethics	GE

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as Non Major/Minor**

**SEMESTER- V**

**DISCIPLINE SPECIFIC CORE COURSE**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Selected Pāli Texts</b>	4	3	1	0	As prescribed by University	Nil

**Objectives:** This course aims at providing students with a comprehensive treatment of the grammar, syntax, and usage of Pāli, in order to allow them, by the end of the year, to read independently simple Pāli texts, and to pursue more advanced studies in Pāli and related literature.

**Course Learning Outcomes:**

At the end of the course, a student should be able to:

Understand simple passages from the Pāli canon, with the help of a dictionary.

Demonstrate skills in the interpretation of primary textual sources, and in questioning scholarly interpretation of these sources.

Locate Pāli texts within the broader framework of Theravada Buddhist literature

**SYLLABUS OF SEMESTER- V**

**Selected Pāli Texts**

**45 hours**

**Unit I**      ***Dhammacakkappavattana-sutta*: Setting in Motion the Wheel of Truth**

- a. *Dve-antā* (two extremes)
- b. *Majjhima Paṭipadā* (The middle path)
- c. *Cattāri Ariyasaccāni* (The Four Noble Truths)

**Unit II**      ***Sigālovāda-sutta*: Domestic and Social Ethics and true responsibilities**

- a. *Cha Disā Paticchadana* : six directions their meanings and safeguarding them.
- b. *Cha Apāyamukhāni*: Six downfalls of an individual
- c. *Suhada Mitto* –four kinds of Benevolent friends

**Unit III      *Mahāstipaṭṭhānasutta: The Foundation of Mindfulness:***

- a. Geographical location of the preaching of the *Sutta*
- b. The four *Satipaṭṭhānānas* and their importance
- c. *Ānāpāna Pabba* , *Paṭikūla Manasikāra Pabba* : Text reading
- d. *Satipaṭṭhānana Bhāvanā Nisaṃso*: Benefits of the Mindfulness meditation

**Unit IV      *Maṅgalasutta***

- a. Background of the discourse
- b. Thirty-Eight welfares of an individual
- c. Relevance of the *Maṅgalasutta* to the youth

**Unit V      *Parābhavasutta***

- a. Background of the discourse
- b. Causes of defeat of a person
- c. Relevance of the *Parābhavasutta* to the contemporary society.

**Suggested Readings: -**

1. Walpola Rahula, What the Buddha Taught (First Published in 1978), The Corporate Body of the Buddha Educational Foundation, Taipei, Taiwan, R.O.C, Pp.92-94.
2. Walpola Rahula, What the Buddha Taught (First Published in 1978), The Corporate Body of the Buddha Educational Foundation, Taipei, Taiwan, R.O.C, Pp.119-125.3.
3. Walpola Rahula, What the Buddha Taught (First Published in 1978), The Corporate Body of the Buddha Educational Foundation, Taipei, Taiwan, R.O.C, Pp.109-119.
4. Walpola Rahula, What the Buddha Taught (First Published in 1978), The Corporate Body of the Buddha Educational Foundation, Taipei, Taiwan, R.O.C, Pp.98-99.
5. Dharmarakshit, Bhikkhu, Suttanipāṭa, Motilal Banarasidass, Delhi, 1988, pp. 24-28.
6. F. Max Muller (tr.), Sacred Books of the Buddhist, Luzac and Company Ltd., London, pp. 17-24, 96-136
7. Sankrityayan, Rahul, Dīghnikāya, Bhartiya Mahabodhi Sabha, Sarnath, pp. 45-60
8. Satyapala, B. Khuddakapāṭha, Buddha Tri-Ratna Mission, Delhi, Pages 13-18
9. T.W. & C.A.F. Rhys Davids, The Dialogues of the Buddha, London, PTS, pages 96- 108
10. Benerjee, A. C., The Splendour of Buddhism, MQML, Delhi, pp. 56-73
11. Dutta, Nalinaksha, Buddhist Sects, Reprint, Firma KLM (Pvt.) Ltd., Calcutta, 1997
12. Dutta, N., Early Monastic Buddhism, 2 Vols., Calcutta, 1943

13. Dutta, Sukumar, Buddhist Monks & Monasteries of Indian: Their History and Their David, T.W. Rhys; The History and Literature of Buddhism, Susil Gupta (India)LTD, Calcutta, 1952.
14. Masuda, Jiryo; Origin and Doctrines of Early Indian Buddhist School
15. Gombrich, F. Richard; Theravada Buddhism; Routledge & Kegan Paul Ltd. 1998  
Warder, A.K., Introduction to Pāli, London: 1974.
16. Warder, A.K., Pāli Metre, London: 1967.
17. Buddhadatta, A.P., The Higher Pāli Course, Colombo: 1951.
18. Buddhadatta, A.P., The New Pāli Course, 2 parts, Colombo: 1946.
19. Law, B.C., History of Pāli Literature, 2 volumes; Vacancies; 1970.
20. Winternitz, M., A History of Indian Literature, 2 volumes, New Delhi; 1968.
21. The Dīgha Nikāya, ed. T.W.Rhys Davids & J.E. Carpenter, 3 Vols. PTS London, 1890-1911.Tr.T.W. & C.A.F. Rhys Davids; The Dialogues of the Buddha; 3 vols. 1899, 1910 & 1957 respectively (reprints), London: PTS.
22. The Majjhima Nikāya, ed. V. Trenckner & R. Chelmers, 3 vols. London: PTS, 1888-1896. Tr. I.B. Horner; The Collection of Middle Length Sayings, 3 vols. London: PTS, 1954-1959 (Reprints).
23. The Dhammapada, ed. O. von Hinñber & K.R. Norman, Oxford: PTS, 1994; tr. K.R. Norman, The Word of the Doctrine (Dhammapada), translated with introduction and notes, Oxford: PTS, 1997; tr. K.T.S. Sarao, The Dhammapada: A Translator's Guide, New Delhi: Munshiram Manoharlal: 2009; ed. &tr. Narada Thera, The Dhammapada, Taipei: Corporate Body of the Buddha Educational Society, 1993.
24. The Therīgāthā, ed. K.R. Norman & L. Alsdorf; London: PTS, 1966. Tr. with an intro. & notes K.R. Norman; Elders' Verses II, London: PTS, 1971, Ed. And Tr., Dwarikadas Shastri, Varanasi, 2003, tr. Bharat Singh Upadhyaya, Sasta Sahitya Mandala, Delhi, 1950.

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as Major**

**SEMESTER- V**

**DISCIPLINE SPECIFIC CORE COURSE**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>BUDDHIST HERITAGE DSC- 5</b>	4	3	1	0	As prescribed by the University	Nil

**Objective:**

1. To provide an opportunity for proper interface with the teaching of the Buddha and to provide knowledge about the culture, society and other aspect of the history of Buddhist India.
2. To create a strong base for the inculcation of ethical, social and moral values in the mind of the younger generation of the nation.
3. To provide the tools to understand the social and global issues and Buddhist response to these issues.
4. To prepare the socially responsible students to face the current social problems.

**COURSE LEARNING OUTCOMES**

The programme learning outcomes are attained by learners through the essential learning acquired on completion of selected courses of study within a programme. The term 'course' is used to mean the individual courses of study that make up the scheme of study for a programme. Course learning outcomes are specific to the learning for a given course of study related to a disciplinary or interdisciplinary/multi-disciplinary area. Some programmes of study are highly structured, with a closely laid down progression of compulsory/core courses to be taken at particular phases/stages of learning.

**SYLLABUS OF SEMESTER V**  
**BUDDHIST HERITAGE**

**Unit I                      Buddhist Heritage    15 Hours**

**i.                      Schools of Buddhist Art**

- a) Gāndhāra
- b) Mathurā
- c) Sārnāth

**ii.                      Buddhist Caves**

- a) Ajantā
- b) Bhājā
- c) Kārle
- d) Kanheri

**iii.                      Stūpas and Caityas**

- a. Sanchi
- b. Amaravati
- c. Dhauli
- d. Sannati

**Unit II Buddhist Educational Centers    13 Hours**

- i.                      Nālandā
- ii.                      Vikramaśilā
- iii.                      Odantapurī
- iv.                      Taxilā
- v.                      Vallabhī
- vi.                      Candragiri
- vii.                      Ratnagiri
- viii.                      Padmasambhava Mahāvihāra

**Unit III Places of Buddhist Heritage    17 Hours**

- i.                      Lumbinī
- ii.                      Kapilvastu
- iii.                      Bodh- Gayā
- iv.                      Sārnāth
- v.                      Kuśīnagar
- vi.                      Rājagiri
- vii.                      Vesālī
- viii.                      Rumtek *Monastery in Sikkim*
- ix.                      Thupsung Dhargye and Tawang Monasteries in Arunāchal
- x.                      Laddākh
- xi.                      Dharmaśālā

### **Suggested Readings: -**

1. P. V. Bapat (Ed.) 2500 Years of Buddhism, New Delhi, Government of India (Publication Division 1959 and its Hindi Translation also by the Publication Divisions. (English Chapters VIII XI-XII) and in Hindi Version Chapters – (IX-X))
2. P. Brown Indian Architecture, Vol. I, Calcutta 1943.
3. D. Mitra, Buddhist Monuments, Calcutta, 1977.
4. G. Eradosy, Urbanization in Early Historic India, Oxford Oxford; 1943.
5. K.D. Bajpai, Yug Yugoen Mein Uttar Pradesh, Allahabad, 1955.
6. D.D. Kosambhi, Ancient Kosala and Magadha JBBRAS, XXVIII,1952,108-123.
7. G. Eradosy Urbanization in Early Historic India, Oxford, Oxford; 1943.
8. H. Goetz, India: Five Thousand Years of Indian Art, London; 1959.
9. H Bhattacharya, The Cultural Heritage of India, vol. IV Calcutta 1956.
10. S. Piggott, Some Ancient Cities of India, Oxford 1943.
11. N. Wagle, Society at the Time of the Buddha, Bombay, 1968.
12. 9, P. Taylor Respect for Nature, Princeton University Press, 1993.
13. F. R. Allchin, how old is the city of Taxila Antiquity, LVI;8-230.

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as DSE**

**SEMESTER- V**

**DISCIPLINE SPECIFIC ELECTIVE COURSE- 1**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Buddhist Cultural History and Heritage (DSE)</b>	4	3	1	0	As prescribed by the University	Nil

**OBJECTIVE**

The primary objective of this course is to advance students critical awareness of Buddhist art, culture, heritage, and architecture in India

**COURSE LEARNING OUTCOME**

**With the completion of this course, students will be**

- (a) able to identify and appreciate Buddhist Architectural Heritage and recognize its school's historical importance and take steps to preserve and protect them.
- (b) To inculcate Buddhist culture in their lives and promote the same in the social sphere.

**SEMESTER- V**  
**BUDDHIST CULTURAL HISTORY AND HERITAGE**

<b>Unit I</b>	<b>Features of Buddhist Culture</b>	<b>13 Hours</b>
	<ul style="list-style-type: none"> <li>a) Śramaṇa traditions</li> <li>b) Buddhist way of life</li> <li>c) Place and Nature of rites and rituals</li> <li>d) Worship and meditation</li> </ul>	
<b>Unit II</b>	<b>Buddhist Heritage</b>	<b>10 Hours</b>
	<ul style="list-style-type: none"> <li>a) Schools of Buddhist Art</li> </ul>	



	b) Buddhist Caves	
	c) Stūpas and Chaityas	
<b>Unit III</b>	<b>Buddhist Educational Centers</b>	<b>10 Hours</b>
i.	Nālandā	
ii.	Vikramaśilā	
iii.	Odantapurī	
iv.	Taxilā	
v.	Vallabhī	
vi.	Candragiri	
vii.	Ratnagiri	
viii.	Padmasambhava Mahāvihāra	

<b>Unit III</b>	<b>Places of Buddhist Heritage</b>	<b>12 Hours</b>
i.	Lumbinī	
ii.	Kapilvastu	
iii.	Bodh- Gayā	
iv.	Sārnāth	
v.	Kuśīnagar	
vi.	Rājagiri	
vii.	Vesālī	
viii.	Rumtek <i>Pemayangtse Monasteries in Sikkim</i>	
ix.	Thupsung Dhargye and Tawang Monasteries in Arunāchal	
x.	Laddākh	
xi.	Dharmaśālā	

### **Suggested Readings:**

1. P. V. Bapat (Ed.) 2500 Years of Buddhism, New Delhi, Government of India (Publication Division 1959 and its Hindi Translation also by the Publication Divisions. (English Chapters VIII-XII) and in Hindi version Chapters – (IX-X)
2. P. Brown Indian Architecture, Vol..I, Calcutta 1943.
3. D. Mitra, Buddhist Monuments, Calcutta, 1977.
4. G. Eradosy, Urbanization in Early Historic India, Oxford Oxford; 1943.
5. K.D. Bajpai, Yug Yugoan Mein Uttar Pradesh, Allahabad 1955.
6. D.D. Kosambhi, Ancient Kosala and Magadha JBBRAS, XXVIII,1952,108--123
7. G. Eradosy Urbanization in Early Historic India, Oxford, Oxford; 1943.
8. H. Goetz, India: Five Thousand Years of Indian Art, London; 1959.
9. H Bhattacharya, The Cultural Heritage of India, vol. IV Calcutta 1956.
10. S. Piggot, Some Ancient Cities of India, Oxford 1943.

- 11.** N. Wagle, Society at the Time of the Buddha, Bombay, 1968.
- 12.** P. Taylor, Respect for Nature, Princeton University Press, 1993.
- 13.** F-R. Allchin, how old is the city of Taxila Antiquity', LVI;8-230.

**DEPARTMENT OF BUDDHIST STUDIES**  
**B. A. (Prog) with Buddhist Studies as DSE**  
**Semester V**  
**DISCIPLINE SPECIFIC ELECTIVE COURSE- 5**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre- requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Relevance of Buddhism to the Contemporary World</b>	4	3	1	0	As prescribed by University	Nil

**SEMESTER V**

**Relevance of Buddhism to the Contemporary World**

**45 Hours**

**Unit I Challenges of Contemporary World and Buddhist response**

- (a) Racism, Caste and Gender Discrimination.
- (b) Poverty, Health crisis, Pandemics.
- (c) Youth deviation: Frustrations and suicide
- (d) Wars and Military conflicts.

**Unit II Buddhist Teachings and Practices Relevant to Contemporary World**

- (a) Pañcasīla, Uposatha and Dispute Settlements
- (b) Ānāpāna and Vipassanā Meditation.
- (c) Maitri Bhāvanā and Mettā Nisamsa Sutta (Appreciation of a truthful friend)
- (d) Jivaka (Kaumar Bhrurya) the famous physician, his life and achievements.

**Unit III Buddhist Solution to Crisis in Ancient Age**

- (a) Protection of Republic and state - Raja Satta Aparihāṇiya Dhammā and Republic of Vesāli.
- (b) Interstate Disputes: Rohinī river dispute and Buddha's intervention.
- (c) Deal with violence: Angulimāla; his deviation and renunciation.
- (d) Social and Gender Justice: Ambapālī, Sunīta, Ambaṭṭha, Aggikabhāradvāja - Vasala Sutta

## Unit IV Buddhist Solution to Crisis in Contemporary Age

- (a) International and inter-racial Peace initiatives by H. H. Dalai Lama and A.T. Ariyaratne.
- (b) Dignity through Buddhist identity for untouchables by Dr. B.R. Ambedkar.
- (c) Women Empowerment by Cheng Yen and her Taiwan Buddhist Tzu Chi Foundation.
- (d) Individual and social peace through Anapana and Vipassana Meditation as taught and spread by Satya Narayan Goenka.

### Suggested Readings:

1. The Dīgha Nikāya, ed. T.W.Rhys Davids, PTS London,
2. Bapat, P.V. (ed.), 2500 Years of Buddhism, New Delhi, Government of India Publications Division, 1959 and its Hindi Translation also by the Publications Division (Chapters –XV in Hindi Chapter XII)
3. Omvedt Gail, Buddhism in India: Challenging Brahmanism and Caste, Sage Publication, California, 2003
4. Wagle, N., Society at the Time of the Buddha, Bombay, 1968
5. Hart, H.A.L., The concept of Law, Oxford, OUP 1961
6. Ambedkar, B.R. Buddha or Karl Marx, Samyak Prakashan, New Delhi, 2018
7. Ambedkar, B.R., The Buddha and his Dhamma Ed. Rathore Aakash Singh and Verma Ajay, Oxford University Press, New Delhi, 2011.
8. Taylor, P., Respect for Nature, Princeton University, Press 1993
9. Keown, D., The Nature of Buddhist Ethics, New York, 1992
10. Peter Harvey, An Introduction to Buddhist Ethics Foundation, Values and Issues Cambridge, University Press, 2000
11. Queen Christopher, Engaged Buddhism Buddhist Liberation Movements in Asia, State University of New York Press, Albany, 1996
12. Omvedt Gail, Buddhism in India: Challenging Brahmanism and Caste, Sage Publication, California, 2003
13. Bajpai, K.D., Yug yugon mein Uttara Pradesh, Allahabad 1955
14. Kasambhi, D.D., Ancient Kosala and Magadha JBSSRAS, XXVIII 1952-108-123
15. Brown, P., Indian Architecture Vol I. Calcutta, 1943
16. Piggott, S., Some Ancient Cities of India, Oxford, 1943
17. गोयनका सत्य नारायण, धारण करें तो धर्म, विपश्यना विशोधन विन्यास, इगतपुरी, 1999
18. गोयनका सत्य नारायण, तिपिटक मे सम्यक सम्बुद्ध, विपश्यना विशोधन विन्यास, इगतपुरी, 2008

### E-resources:

1. <https://www.forbes.com/global/2010/0412/companies-cheng-yen-taiwan-philanthropy-widjaja-sister-of-charity.html>

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as Generic Elective**  
**Reading and Archive**

**G.E, Semester- V**

**CREDIT DISTRIBUTION ELGIBILITY AND PRE – REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>GE -V SOCIALLY ENGAGED BUDDHISM</b>	4	3	1	0	As prescribed by the University	Nil

**Course Objective: -**

The objective of this course is to:

- (a) introduce students' awareness to the engagement of Buddhism in society
- (b) make acquaintance with the work being done in socially engaged Buddhism in the present day globalizing world.

**Course Learning Outcomes: -**

Upon the completion of this course, students should

- I. have acquired a clear understanding of the meaning and relevance of socially engaged Buddhism;
- II. have a sound knowledge of the work done by different socially engaged Buddhist

**Course Name: - SOCIALLY ENGAGED BUDDHISM**

**45 hours**

- I.** Definition and Relevance of Socially Engaged Buddhism.
- II.** B.R. Ambedkar and H.H. DALAI LAMA.
- III.** Pluralism and Inter- Faith Dialogue.
- IV.** Deep Ecology
- V.** Human Rights and Buddhist Vision of Social Justice.
- VI.** Buddhist Perspective on Animal Rights and Vegetarianism.
- VII.** Buddhist Economics.

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**Suggested Readings: -**

1. Jones, K. The Social Face of Buddhism: An Approach to Political and Social Activism, London: Wisdom Publications, 1989.
2. Perera, L.P.N. Buddhism and Human Rights, Colombo, 1991.
3. Singer, P. Animal Liberation, Harper Perennial, 2001.
4. Batchelor, M. & K. Brown (eds). Buddhism and Ecology, London: Cassell, 1992.
5. Kotler, Arnold. Engaged Buddhist Reader, Berkeley: Parallax Press, 1996.
6. Omvedt, Gail., Dalits and the Democratic Revolution: Dr. Ambedkar and the Dalit Movement
7. in Colonial India, New Delhi: Sage Publications, 1994.
8. Jondhale, S and Johannes Beltz (eds), Reconstructing the World: B. R. Ambedkar and Buddhism in India, Oxford: Oxford University Press, 2004.
9. Schumacher, F.E. Small is Beautiful: Economics as if People Mattered, Blond & Briggs, 1973.

**DEPARTMENT OF BUDDHIST STUDIES**  
**B.A. (Prog.) with Buddhist Studies as Non Major/Minor**

**Semester VI**

**DISCIPLINE SPECIFIC CORE COURSE- 6**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre- requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Buddhist Psychology DSC- 6</b>	4	3	1	0	As prescribed by the University	Nil

**Objectives:** The objectives of the paper are:

- (a) to introduce students to the Buddhist theory of psychology
- (b) to help students to apply these theories for self-analysis and personal development.
- (c) to compare the perspectives of Buddhism and Psychology on the concepts of mind and mental health
- (d) to enable students to undertake research in this field.

**Learning Outcome:** After the completion of this course should be able to recognize the causes of downfall for the betterment of their life, improve their way of living and use their potential not only for the welfare of oneself but also for society.

**SYLLABUS OF DSC- 6, SEMESTER VI**  
**BUDDHIST PSYCHOLOGY**

**UNIT 1.** **13 Hour**

- I. Definition, nature, and scope of Psychology
- II. Introduction to Buddhist Psychology: Nature and Development

**UNIT II.** **15 Hour**

- I. Basic concepts in Buddhist Psychology I: Rūpa Viñāna (Body-consciousness), Mānas (Mind), Citta (Consciousness), Viñāna (Conscious Cognition), Cetasika (Mental Factors), Manasikāra (Attention)
- II. Basic concepts in Buddhist Psychology II: Ālayavijñāna (Store-house consciousness), Klīstamanas (defiled consciousness), Anātman

**UNIT III.** **17 Hour**

- I. Mindfulness (Vipassanā) practices
- II. Mind Management according to Buddhist Psychology.
- III. Management of Life according to Buddhist Psychology.

**Suggested Readings:**

1. Johansson, R.E.A., Citta, Mano, Vinnana- A Psychosemantic investigation, University of Ceylon Review, 3(1)/2), 165-215, 1965.
2. Govinda, A. B. 1936. The Psychological Attitude of Early Buddhist Philosophy and its Systematic Representation according to Abhidhamma Tradition. Patna University
3. Waldron, W. E. 2003. The Buddhist Unconscious: The Alayavijnana in the Context of Indian Buddhist Thought. London: Routledge Curzon
4. Boisvert, Matheiu. 1997. Five Aggregates: Understanding Theravada Psychology and Soteriology. Delhi: Sri Satguru Publications.
5. Dharmarakshita, Bhikkhu, trans. 2008. Visuddhimagga Bhaga – 1 & 2. New Delhi: Samyak Prakashan.
6. Güenther, Herbert V. 1999. Philosophy and Psychology in the Abhidharama. Delhi, Motilal Banarsidass Publishers Pvt. Ltd.
7. Karunadasa, Y. 2010. The Theravāda Abhidhamma: Its Inquiry into the Nature of Conditioned Reality. Hong Kong: Centre of Buddhist Studies.
8. Rhys Davids, C. A. F. 2004. Buddhist Manual of Psychological Ethics. Oxford: The Pali Text Society.
9. Sangharakshita. 2012. Know Your Mind: The Psychological Dimension of Ethics in Buddhism. Cambridge: Windhorse Publications.
10. Sircar, Rina. 1999. The Psycho-ethical Aspects of the Abhidhamma. Lanham: University Press of America.



11. Thera, Nyanaponika. 1998. *Abhidhamma Studies: Buddhist Explorations of Consciousness and Time*. Kandy: Wisdom Publication. Tripathi, Ramsankara, ed. 1991–1992. *Abhidhammatthasangaho (Pa.hamo- Dutiyo Bhago)*. Translated by Bhadanta Rewatadhamma and Ramsankara Tripathi. Varanasi Sampurnananda Sanskrit University.
12. Anagarika Govinda. 1969. *The Psychological Attitude of Early Buddhist Philosophy*. Delhi: Motilal Banarasidass.
13. Analayo. 2003. *Satipaṭṭhāna: The Direct Path to Realization*. Kandy: Buddhist Publication Society.
14. Chaplin, J. P., and T. S. Krawiec. 1968. *System and Theories of Psychology*. New York: Holt Rinehart and Winston.
15. Dreher, H. 1995. *Immune Power Personality: Seven Traits You Can Develop to Stay Healthy*. Canada: Dutton.
16. Friedman, H. S., and Mariam W. Schustack. 2003. *Personality: Classic Theories and Modern Research*. New Delhi: Pearson Education.
17. Gazzaniga, Michael, Todd Heatherton, and Diane Helpen. 2006. *Psychological Science*. New York and London: W. W. Norton.
18. Glassman, William E. 2000. *Approaches to Psychology*. Buckingham and Philadelphia: Open University Press.
19. Goleman, D. 2003. *Destructive Emotions: How Can We Overcome Them? A Scientific Dialogue with the Dalai Lama*. New York: Bantam books. Güenther, Herbert V., and L. S. Kawamura. 1975. *Mind in Buddhist Psychology*. Berkeley: Dharma Publishing.
20. Lama, Dalai. 2012. *Beyond Religion*. New Delhi: Harper Collins Publishers India.
21. Morgan, Clifford T., Richard A. King, John R. Weisz, and John Schopler. 2001. *Introduction to Psychology*. New Delhi: Tata Mcgraw Hills Publishing Company.
22. Paranjpe, A. C. 1984. *Theoretical Psychology: Meeting of East and West*. New York: A division of Plenum Publishing Corporation.
23. Pickering, John, ed. 2017(1997). *The Authority of Experience: Essay on Buddhism and Psychology*. London and New York: Routledge.
24. Scroggs, James R. 1985. *Key Ideas in Personality Theory*. Minnesota: West Publishing Co.
25. Spiegelman, J. Marvin, and Mokusen Miyuki. 2004. *Buddhism and Jungian Psychology*. Delhi: New Age Books.
26. Zinn, Kabat Jon. 2013. *Full Catastrophe Living*. London: Piatkus.

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as Major**

**Semester VI**

**DISCIPLINE SPECIFIC CORE COURSE- 6**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Buddhist Ethics DSC- 6</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>0</b>	As prescribed by the University	<b>Nil</b>

**SYLLABUS OF DSC- 6, SEMESTER VI**  
**BUDDHIST ETHICS**

**45 Hours**

**Course Objective: -**

The course aims at providing students with a comprehensive understanding of Buddhist Ethics.

**Course Learning Outcomes:**

At the end of the course, students will have the basic understanding of Buddhist Ethics and they will be able to acquainted with Buddhist view of a balance life.

**BUDDHIST ETHICS**

1. Definition and nature of ethics, Ethics and morality
2. Buddhist Moral Concepts- Pañcasīla, Dasasīla
3. Brahmavihāra and preferential treatment
4. Buddhist ethics- Basic postulates of morality, problem of free will, Doctrine of Karma and Rebirth, Karma and Niyativāda (Fatalism), Comparison with Niskāmakarma
5. Applied Buddhist Ethics: Buddhist attitude towards women and environment

**SUGGESTED READINGS: -**

1. Sinha, J.N., Manual of Ethics, The Central Book Agency, Calcutta, 1947.
2. Joshi, H.M., Traditional Contemporary Ethics Western and Indian, M.S. University of

- Baroda, 2000.
3. Harvey, P., An Introduction to Buddhist Ethics, Cambridge, 2000,
  4. Har Dayal, The Bodhisattva Doctrine in Buddhist Sanskrit Literature, reprint, Delhi: Motilal Banarsidass, 1999.
  5. Fishin, J.S., Justice, Equal Opportunity, and the Family, New Haven: Yale University Press:1983.
  6. Aiyer, Raghavan, Moral and Political Thought of Mahatma Gandhi, Madras: 1978.
  7. Rahula, Walpola, What the Buddha Taught, Reprint, 2007, Oneworld Publication, Oxford, London.
  8. Mishra G.S.P., Development of Buddhist Ethics, Munshi Ram Manohar Lal, Delhi, 1984.
  9. Keown, D., The Nature of Buddhist Ethics, New York: 1992.
  10. Fishin, J.S., Justice, Equal Opportunity, and the Family, New Haven: Yale University Press: 5 1983.

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as DSE**

**SEMESTER- VI**

**DISCIPLINE SPECIFIC ELECTIVE COURSE- 6 (DSE- 6 )**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Socially Engaged Buddhism DSE- 6</b>	4	3	1	0	As prescribed by University	Nil

**Course Objective:**

**The primary objective of this course is to**

- (a) introduce students to the other side of Buddhist active engagement in solving the contemporary social, economic, gender and environmental challenges of the world effectively from international to local platforms.
- (b) make students acquainted with the Buddhist personalities and organizations engaged in different walks of life.

**Course Learning Outcomes:**

Upon the completion of this course, students should

- a) able to appreciate the relevance of socially engaged Buddhist movements and wish or act to participate in their efforts.
- b) able to identify the Buddhist ways to provide solutions to personal or social challenges to promote social integrity and prosperity.

**SYLLABUS OF DSE-6, SEMESTER- VI**  
**SOCIALLY ENGAGED BUDDHISM**

**45 Hours**

- I. Socially Engaged Buddhism concept and dimensions
- II. Dr. B.R. Ambedkar and H.H. DALAI LAMA.

- III. Pluralism and Interfaith Dialogue.
- IV. Buddhism and Environment
- V. Buddhist Vision of Social and Gender Justice.
- VI. Buddhist Perspective on Human and Animal Rights.
- VII. Buddhist Economics.

**Suggested Readings:**

1. Ambedkar B.R., The Buddha and his Dhamma Ed. Rathore Aakash Singh and Verma Ajay, Oxford University Press, New Delhi, 2011.
2. Queen Christopher, Engaged Buddhism Buddhist Liberation Movements in Asia, State University of New York Press, Albany, 1996
3. Jones, K. The Social Face of Buddhism: An Approach to Political and Social Activism, London: Wisdom Publications, 1989.
4. Omvedt Gail, Buddhism in India: Challenging Brahmanism and Caste, Sage Publication, California, 2003
5. Perera, L.P.N. Buddhism and Human Rights, Colombo, 1991.
6. Singer, P. Animal Liberation, Harper Perennial, 2001.
7. Heart William, Art of Living: Vipassana Meditation as Taught by S.N. Goenka, Vipassana Research Institute, Igatpuri, 2009
8. Batchelor, M. & K. Brown (eds). Buddhism and Ecology, London: Cassell, 1992.
9. Kotler, Arnold. Engaged Buddhist Reader, Berkeley: Parallax Press, 1996.
10. Omvedt, Gail., Dalits and the Democratic Revolution: Dr. Ambedkar and the Dalit Movement in Colonial India, New Delhi: Sage Publications, 1994.
11. Jondhale, S and Johannes Beltz (eds), Reconstructing the World: B. R. Ambedkar and
12. Buddhism in India, Oxford: Oxford University Press, 2004.
13. Ambedkar B.R. Buddha or Karl Marx, Samyak Prakashan, New Delhi, 2018.
14. Schumacher, F.E. Small is Beautiful: Economics as if People Mattered, Blond & Briggs, 1973.

**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as DSE**

**SEMESTER- VI**

**DISCIPLINE SPECIFIC ELECTIVE COURSE- 6 (DSE- 6)**  
**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>Buddhist Art and Architecture of India DSE-6</b>	4	3	1	0	As prescribed by the University	Nil

**Course Objective:** - The paper aims to enable the students have a better understanding of Buddhist Art and Architecture and their legacy that inspire us about our past cultural heritage.

**Course Learning Outcome:** - Upon completion of this course, the students should be able to know about the different aspects of Buddhist Art and Architecture. And it would enable them to make appreciation of art and architecture keeping in view the grandiose of the Buddhism art and architecture.

**SYLLABUS OF DSE- 6, SEMESTER VI**  
**BUDDHIST ART AND ARCHITECTURE OF INDIA**

**Unit 1 Introduction to Buddhist Art**

**10 Hours**

- Origin and development of Buddhist Art.
- Different schools of Buddhist Art with special reference to Gāndhāra, Mathurā and Amarāvati.

**Unit 2. Buddhist Architecture**

**08 Hours**

- Evolution and Development of Stupa, Caitya and Vihāra.
- Architecture with special reference to Sānchi, Kārle and Mahābodhi Mahāvihāra.

**Unit 3. Buddhist Rock and Architecture****10 Hours**

Origin and Development of Buddhist Rock-cut Architecture with special reference to Ajanta.

**Unit 4. Buddhist Sculpture and Painting****11 Hours**

- Emergence and Development of Buddha Image.
- Introduction of Buddhist Painting with special reference to Ajanta.

**Unit 5 Introduction of Buddhist Iconography****06 Hours**

- Concept and Symbolism of icon and image worship
- Emergence and Development of Iconography: Dhyāni Buddha and Mānushi Buddha, Bodhisatavas (Avalokiteśvara, Mañjuśrī, Vajrapāṇi) and Female Buddhist Deities.

**Suggested Readings: -**

1. Andrew. F.H. (1948) Wall Painting from Ancient Shrines in Central Asia London: Oxford University Press.
2. Bachhofer, L. (1973) Early Indian Sculpture, Vol II. Delhi, Munshiram Manoharlal.
3. Benerjee, P (1989) Buddhist Iconography, Delhi Munshiram Manoharlal.
4. Bapat P.V. (ed.) (1976) 2500 Years of Buddhism Delhi, Publication Division, Govt of India.
5. Barua, D.K, (1969) Viharas in Ancient India: A Survey of Buddhist Monasteries Calcutta: Indian Publication.
6. Basham, A.L. (2004) The Wonder that was India. London, Picador.
7. Benisit, M. (2003) Stylistics of Buddhist Art in India, New Delhi: IGNCA and Aryan Books International.
8. Bhattacharya, B. (2007) the Indian Buddhist Iconography: New Delhi, Aryan Books International.
9. Brown, P (2005) Indian Architecture: Buddhist and Hindu, Delhi, CBS PUBLISHERS & Distributors Pvt. Ltd.
10. Cunnigham, A. (1997) The Bhilsa Top of Buddhist Monuments of Central India, New Delhi, Munshiram Manoharlal Pvt. Ltd.
11. Dasgupta, K.K. (1998) Origin of Buddha Image in Studies in Ancient Indian History, Delhi, Sandeep Prakashan.
12. Dobbins, K.W. (1971) The Stupa and Vihara of Kanishka, Calcutta: The Asiatic Society.
13. Dutta, S. (1988) Buddhist Monks and Monasteries of India, Delhi Motilal Banarasi Dass Publishers Pvt. Ltd.
14. Fergusson, J. & Burgess, J. (1880) The Cave Temples of India, London, Allen.

15. Gupta, R.S. (1972) *Iconography of the Hindu, Buddhist and Jainas*, Bombay: Tareparevala Sons & Co.
16. Hallade, M. (1968) *Gandhara Style and the Evolution of Buddhist Art*, London: Thomas & Hudson.
17. Harley, J.C. (1986) *The Art and Architecture of Indian Subcontinent* Delhi: Penguin Books.
18. Inchang, K.J. (1977) *The Future Buddha Maitreya: An Iconographical Studies*, Delhi, D. K. Print world (P) Ltd.
19. Lahiri, N. (1992) *The Archaeology of Indian Trade Routes Up to 200 BC* Delhi: Oxford University Press.
20. Marshal, J. (1951) *Taxila Vol. 1* Cambridge University Press Reprint, Delhi Motilal Banarasi Dass Publishers Private Limited.
21. Marshall, J. (1960) *The Buddhist Art of Gandhara*, Delhi, Cambridge University Press.
22. Mitra, D. (1971) *Buddhist Monuments*, Calcutta, Sahitya Sansad.
23. Ray, N.R. (1945) *Mauryas and Sunga Art*, Calcutta: Calcutta University
24. उपाध्याय, उदय नारायण, एवं तिवारी गौतम. (2015) *भारतीय स्थापत्य एवं कला*, दिल्ली, मोतीलाल बनारसीदास।
25. बाशम, ए. एल. (2017) *अद्भुत भारत आगरा : शिवलाल अग्रवाल एंड कं पनी* ।
26. भारती, मो, का. (2016) *भारतीय मूर्तिकला एवं स्थापत्य कला जयपुर, राजस्थान हिन्दी ग्रन्थ अकादमी*



**DEPARTMENT OF BUDDHIST STUDIES**  
**BA (Prog) with Buddhist Studies as Generic Elective**  
**Reading and Archive**  
**G.E Semester- VI**

**CREDIT DISTRIBUTION ELGIBILITY AND PRE – REQUISITE OF THE COURSE**

Course Title & Code	Total Credits	Credit distribution of the course			Eligibility Criteria/ Prerequisite	Pre-requisite of the course, if any
		Lecture	Tutorial	Practical		
<b>GE -VI BUDDHIST ETHICS</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>0</b>	As prescribed by the University	<b>Nil</b>

**Course Name: - BUDDHIST ETHICS**

**Course Objective: -**

The course aims at providing students with a comprehensive understanding of Buddhist Ethics.

**Course Learning Outcomes:**

At the end of the course, students will have the basic understanding of Buddhist Ethics and they will be able to acquainted with Buddhist view of a balance life.

**COURSE NAME: - BUDDHST ETHICS**

**45 Hours**

1. Definition and nature of ethics, Ethics and morality
2. Buddhist Moral Concepts- Pañcasīla, Dasaśīla
3. Brahmavihāra and preferential treatment
4. Buddhist ethics- Basic postulates of morality, problem of free will, Doctrine of Karma and Rebirth, Karma and Niyativāda (Fatalism), Comparison with Niskāmakarma
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2. Joshi, H.M., Traditional Contemporary Ethics Western and Indian, M.S. University of Baroda, 2000.
  3. Harvey, P., An Introduction to Buddhist Ethics, Cambridge, 2000,
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  5. Fishin, J.S., Justice, Equal Opportunity, and the Family, New Haven: Yale University Press:1983.
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