

UNIVERSITY OF DELHI

CNC-II/093/1(31)/2023-24/115

Dated: 28.02.2024

**NOTIFICATION**

**Sub: Amendment to Ordinance V**

Following addition be made to Appendix-II-A to the Ordinance V (2-A) of the Ordinances of the University;

**Add the following:**

**Syllabi of following courses of Buddhist Studies based on Under Graduate Curriculum Framework -2022 implemented from the Academic Year 2022-23 are notified for information of all concerned;**

**SEMESTER-IV (Department of Buddhist Studies)**

- (i) BA (Prog.) Buddhist Studies as Major
- (ii) BA (Prog) Buddhist Studies as Non-Major

Syllabi alongwith credit distribution is enclosed at **Annexure-1**

  
**REGISTRAR**

**DEPARTMENT OF BUDDHIST STUDIES**  
**B.A.(Prog.) with Buddhist Studies as Minor-1**

**CATEGORY - IV**

**DISCIPLINE SPECIFIC CORE COURSE – 4 (DSC-4)**  
**CREDIT DISTRIBUTION ELIGIBILITY AND PRE-REQUISITE**  
**OF THE COURSE**

| Course Title & Code                                       | Total Credits | Credit distribution of the course |          |           | Eligibility Criteria/ | Pre-requisite of the course, if any |
|---|---------------|-----------------------------------|----------|-----------|-----------------------|-------------------------------------|
|   |               | Lecture                           | Tutorial | Practical | Prerequisite          |                                     |
| Principal Elements of Theravāda Buddhist Thought DSC-4-A4 | 4             | 3                                 | 1        | 0         | Class XII Pass        | Nil                                 |

**COURSE NAME:** Principal Elements of Theravāda Buddhist Thoughts (DSC-4-A4)

**Objective:-**The primary objective of this course is to make students aware of the Principal Elements of Theravāda Buddhist Thought.

**Learning Outcome:** - Upon the completion of this course, students would be able to have a clear understanding of Principal Elements of Theravāda Buddhist Thought along with their relevance in the Theravāda Buddhist Philosophy.



## SYLLABUS OF DSC -4 -A4

### Unit- I

#### ***Theravāda* Etymology**

**8 Hours**

- Emergence of the term *Theravāda*
- *Theravāda* as *Vibhajjavāda*
- *Theravāda* Language, Literature and Region.

### Unit- II

#### **Basic Concepts of *Theravāda***

**15 Hours**

- *Ratanattayaṃ* and *Pañcasīla* and *Dasasikkhāpadam*
- Nibbāna and its stages (Sotāpanna, Sakadāgāmi, Anāgāmi and Arahata)
- *Buddha*, *Pacceka Buddha* and *Arahata*

### Unit- III

#### **The Four Satipaṭṭhāna**

**12 Hours**

- Kāyānupassanā – Ānāpāna
- Vedanānupassanā
- Cittānupassanā
- Dhammānupassanā

### Unit-IV

#### **Concept of *Brahmavihāra* in *Theravāda* Buddhism**

**10 Hours**

- Meaning of *Brahmavihāra* (Superior state of mind)
- Four supreme states of mind: *Mettā*, *Karunā*, *Muditā*, *Upekkhā*

#### **Essential Readings:**

- Gethin, R.M.L. 2001. *The Buddhist Path to Awakening*. Oxford: One world Publications.
- Maurice, Walshe. 1995. *The Long Discourses of the Buddha*. Boston: Wisdom Publications.
- Narada, Ven. 1998. *The Buddha and His Teachings*. Taipei: Buddha Educational Foundation.
- Śāstrī, Dvārikādāsa. 2009. *Dīghanikāyapāli. Bhāga-2. Vārāṇasī: Bauddhabhāratī.*
- Sharmā, Brahmadeva Nārāyaṇa. 2004. *Vibhajjavāda*. Vārāṇasī: Sampūrṇānanda Sanskrit Vishvavidyālaya.

#### **Suggested Readings:**

- Dutt, N. 1956. *Development of Buddhism in Uttara Pradesh*. Lucknow: Publication Bureau.
- Dutt, N. 1997. *Buddhist Sects*. Calcutta: Firma KLM (Pvt.) Ltd.
- Sangharakshita. 2006. *A Survey of Buddhism*. Delhi: Motilal Banarsidass.
- Shukla, H. S. (Ed.). 2001. *Aspects of Buddhism*. Varanasi: Banaras Hindu University.
- Walpola, Rahula. 2009. *What the Buddha Taught*. Taipei: The Corporate Body of the Buddha Educational Foundation. 1st Pub. 1978.

**DEAPRTMENT OF BUDDHIST STUDIES**  
**B.A.(Prog.) with Buddhist Studies as Major-2**

**CATEGORY IV**

**DISCIPLINE SPECIFIC CORE COURSE- 4 (DSC- 4 – B4)**  
**CREDIT DISTRIBUTION ELGIBILITY AND PRE-REQUISITE OF THE COURSE**

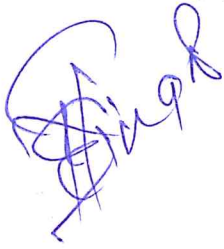
| Course Title & Code   | Total Credits | Credit distribution of the course |          |           | Eligibility Criteria/ Prerequisite | Pre-requisite of The course, if any |
|---|---------------|-----------------------------------|----------|-----------|------------------------------------|-------------------------------------|
|   |               | Lecture                           | Tutorial | Practical |                                    |                                     |
| COURSE NAME<br>'BUDDHIST SCHOOLS OF THOUGHTS'<br>(DSC-4 B4) | 4             | 3                                 | 1        | 0         | Class XII Passed                   | Nil                                 |

**COURSE NAME 'BUDDHIST SCHOOLS OF THOUGHTS' (DSC-4 B4)**

**OBEJCTIVE-** The primary objective of this course is to:

- (a) Make students aware of the schools of thoughts of Buddhist tradition through various ages and regions.
- (b) Delve into the thoughts of the Buddha been focused shifted through time, language and society.

**Learning Outcome:** - Upon the completion of this course, students would-

- 
- (a) Able to analyze the continuity and change in understanding the teaching of the Buddha and the role of development of society, language and geographical diversities and emergence of so-called sects like Theravāda and Mahāyāna and so on through different ages and regions.
  - (b) Able to recognize unity in diversity of the philosophical differences among the Buddhist school of thoughts.



## SEMESTER IV

### COURSE NAME 'BUDDHIST SCHOOLS OF THOUGHTS' (DSC- 4 B4)

#### UNIT I

##### Origin and Development of the Sangha

12 Hours

- Formation of the Sangha
- Hierarchy and reverence to the Buddha
- Devadatta's Five Demands (Pañcavatthūni Dhammā) and signs of division.

#### UNIT II

##### The Second Council and the Mahāsāṅghikas

09 Hours

- Dasavatthūni Dhammā
- Proceedings the council and emergence of the Mahāsāṅghikas

#### UNIT III

##### Major Philosophical Schools of Theravāda Buddhism

12 Hours

- Acharyas of Vaibhāṣika and Sautrāntika
- Theory of 'existence of everything' (Sarvāstivāda)
- Key concepts of Theravāda Buddhism: Anattavāda, Arahata, Nibbāna

#### UNIT IV

##### Major Schools of Mahāyāna Buddhism

12 Hours

- Acharyas of Mādhyamika and Yogācāra
- Key concepts of Mahāyāna: Bodhisattva, Nirvāṇa, Śūnyavāda

#### Essential Readings:

- Gethin, R.M.L. 2001. *The Buddhist Path to Awakening*. Oxford: One world Publications.
- Maurice, Walshe. 1995. *The Long Discourses of the Buddha*. Boston: Wisdom Publications.
- Narada, Ven. 1998. *The Buddha and His Teachings*. Taipei: Buddha Educational Foundation.
- Śāstrī, Dvārikādāsa. 2009. *Dīghanikāyapāli. Bhāga-2. Vārāṇasī: Bauddha Bhārati*.
- Sharmā, BrahmadevaNārāyaṇa. 2004. *Vibhajyavāda. Vārāṇasī: Sampūrṇānanda Sanskrit Vishvavidyālaya*.
- Bapat, P.V. (ed.). 1956. *Bauddha Dharma Ke 2500 Varṣa*. New Delhi, Government of India, Publication Division.
- Bapat, P.V. (ed.). 1964. *2500 Years of Buddhism*. Publications Division, Ministry of Information and Broadcasting, Government of India, New Delhi.
- Dutta, N. 1943. *Early Monastic Buddhism*, 2 Vols. Calcutta.

### **Suggested Readings:**

- Dutt, N. 1997. *Buddhist Sects*. Calcutta: Firma KLM (Pvt.) Ltd.
- McGovern, M.W. 1922. *An Introduction to Mahāyāna Buddhism*. London: Kegan Paul, Trench, Trübner & Co.
- Sangharakshita. 2006. *A Survey of Buddhism*. Delhi: Motilal Banarsidass.
- Shukla, H. S. (Ed.). 2001. *Aspects of Buddhism*. Varanasi: Banaras Hindu University.
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**DEAPRTMENT OF BUDDHIST STUDIES**

**B.A.(Prog.) with Buddhist Studies as Major-1**

**CATEGORY - IV**

**DISCIPLINE SPECIFIC CORE COURSE – 4 (DSC- 4)  
CREDIT DISTRIBUTION ELGIBILITY AND PRE-REQUISITE  
OF THE COURSE**

| Course<br>Title &<br>Code   | Total<br>Credits | Credit distribution of the<br>course |          |           | Eligibility<br>Criteria/<br>Prerequisite | Pre-<br>requisite<br>of the<br>course, if<br>any |
|---|------------------|--------------------------------------|----------|-----------|--|--|
|   |                  | Lecture                              | Tutorial | Practical |  |  |
| Principal<br>Elements of<br>Theravāda<br>Buddhist<br>Thoughts<br>DSC-4-A4 | 4                | 3                                    | 1        | 0         | Class XII<br>Passed                      | Nil  |

**COURSE NAME:** Principal Elements of Theravāda Buddhist Thoughts  
(DSC-4-A4)

**Objective:-**The primary objective of this course is to make students aware of the Principal Elements of Theravāda Buddhist Thought.

**Learning Outcome:** - Upon the completion of this course, students would able to have a clear understanding of Principal Elements of Theravāda Buddhist Thoughts along with their relevance in the Theravāda Buddhist Philosophy.



## SYLLABUS OF DSC -4 -A4

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### Unit- II

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#### The Four Satipaṭṭhāna

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### Unit-IV

#### Concept of *Brahmavihāra* in *Theravāda* Buddhism

10 Hours

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