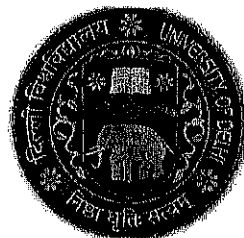


# UNIVERSITY OF DELHI

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## MASTER OF ARTS



### M. A. Applied Psychology

Effective from the Year 2021-2022

Revised Syllabus as per Choice Based Credit System (C.B.C.S.)

Department of Psychology, University of Delhi, Delhi

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## Designing of the Course

1. These courses were designed and developed by smaller groups of faculty members. At least two faculty members were assigned the task of designing the Core and Elective papers.
2. The courses were designed to be commensurate with the credit system, which requires a minimum of 40-50 hours of active engagement over a semester.
3. It was envisaged to provide learning possibilities with a high degree of specialization and in-depth knowledge in at least one area/domain of the discipline, or more than one. Nonetheless, developing and retaining appropriate level of skills to enhance employment opportunities in different domains was decided to be a concurrent priority while designing the courses. It is to be remembered that a significant number of students enroll in the Graduation Program after having done Psychology in grade XII. Larger number of students, however, has previous study exposure from other streams of sciences, arts and commerce. Therefore, one of the principles that was kept in mind was that the transition be made smooth both from content as well as process orientation of teaching.

## Programme Structure

The M. A. Applied Psychology Programme is a two years programme consisting of 4 semesters, 2 in each year

Semester	Core Course			Elective Course			Open Elective Course			Total Credits
	No. of papers	Credits	Total	No. of papers	Credits	Total	No. of papers	Credits	Total	
I	4+1 (Practicum)	4	20	-	-	-	-	-	-	20
II	2+1 (Practicum)	4	12	2	4	8	-	-	-	20
III	1 (Field Training) + 1 (Practicum)	4	8	3	4	12	1	4	4	24
IV	1 Practicum + 1 Dissertation	4+8	12	3 (Elective papers)	4	12	1	4	4	28
Total credits for the course										92

## Course Credit Scheme

The structure of papers prescribed for various semesters shall be as follows:

### Semester I

Semester 1 shall consist of 4 core papers, which will be compulsory for all students. Each core paper will be for 4 credits. 4 credits will be provided for the Practicum that will be compulsory for all students.

Paper Code	Nature	Title	Maximum marks	Credit Points
AP/10001	Core paper	Introduction to Applied Psychology	100	4
AP/10002	Core paper	Community Psychology	100	4
AP/10003	Core paper	Quantitative Research Methods	100	4
AP/10004	Core paper	Applied Cognitive Psychology	100	4
AP/10005	Compulsory	Practicum	100	4

## Semester II

Semester 2 shall consist of 2 core papers (4 credit points per paper). There will be three specializations offered to the students out of which students will have to opt for 1 specialization: Clinical Psychology (A), Organizational Behaviour (B) and Counseling Psychology (C). Students have to take two elective papers from that chosen specialization. Each elective paper will be for 4 credit point

Paper Code	Nature	Title	Maximum Marks	Credit Points
AP/20001	Core paper	Applied Psychometrics	100	4
AP/20002	Core paper	Qualitative Research methods	100	4
AP/20003A	Elective	Psychopathology	100	4
AP/20004A	Elective	Psychotherapeutic Processes	100	4
AP/20003B	Elective	Basics of Organizational Behaviour	100	4
AP/20004B	Elective	Applied Industrial/Organizational Psychology	100	4
AP/20003C	Elective	Psychology of Group Dynamics	100	4
AP/20004C	Elective	Self and Personal Growth	100	4
AP/20005	Compulsory	Practicum	100	4

## Semester III

Semester 3 shall consist of 3 elective papers from each of the three specializations. 4 credit points shall be given for each of these elective papers.

There will be a mandatory paper on Field Training Work that the students will have to undertake which shall be for 4 credit points. Students will have to opt for one Open elective paper which shall be of 4 credits.

One practicum paper will be compulsory for all students.

<b>Paper No:</b>	<b>Nature of Paper</b>	<b>Title</b>	<b>Maximum Marks</b>	<b>Credit Points</b>
AP/30001A	Elective	Forensic Psychology	100	4
AP/30002A	Elective	Childhood Psychopathology	100	4
AP/30003A	Elective	Neuropsychology	100	4
AP/30001B	Elective	Organizational Change and Development	100	4
AP/30002B	Elective	Training and Consulting in Organizations	100	4
AP/30003B	Elective	Managing Across Cultures	100	4
AP/30001C	Elective	Critical Psychology	100	4
AP/30002C	Elective	Counselling and socio-cultural context	100	4
AP/30003C	Elective	Psychology of Relationships	100	4
AP/30004	Compulsory	Practicum	100	4
AP/30005	Open Elective	Health Psychology	100	4
AP/30006	Open Elective	Psychological Testing and Applications	100	4
AP/30007	Open Elective	Applications of Social - Psychological Principles	100	4
AP/30008	Theory-Practice Integration	Field Training/Internship	100	4

**Semester IV:**

Semester 4 shall consist of 3 elective papers each from 3 specializations, there will be one compulsory Practicum paper. Students will have to opt for one open elective papers from this semester. There shall be a Dissertation paper that will be compulsory for all students. The dissertation shall be for 8 credit points.

Paper No:	Nature of paper	Title	Maximum Marks	Credit points
AP/40001A	Elective	Neuropsychological Rehabilitation	100	4
AP/40002A	Elective	Cognitive Behavioral Interventions	100	4
AP/40003A	Elective	Applied Psychophysiology and Biofeedback	100	4
AP/40001B	Elective	Organizational Culture and Climate	100	4
AP/40002B	Elective	Leadership processes in Organizations	100	4
AP/40003B	Elective	Cross-Cultural Communication	100	4
AP/40001C	Elective	Psychology of Gender and Power	100	4
AP/40002C	Elective	Psychoanalytic and Cognitive-Behavioral Approaches to Counseling	100	4
AP/40003C	Elective	Humanistic and Feminist Approaches to Counseling	100	4
AP/40004C	Compulsory	Practicum	100	4
AP/40005	Open Elective	Psychology of Peace and Happiness	100	4
AP/40006	Open Elective	Correctional Psychology	100	4
AP/40007	Open Elective	Hypnotherapy	100	4
AP/40008	Open Elective	Sports Psychology	100	4
AP/40009	Compulsory	Dissertation	200	8

**Notes:**

1. Students can earn a maximum of 8 credit points from the Open Elective papers (including Semester 3 and 4)
2. Open Elective and Specialization Papers shall be offered depending upon the availability of the faculty.
3. In order to claim/earn a Specialization; students are required to take at least Six Elective papers in that Specialization.
4. In each semester the students can opt for only one specialization area.
5. No practical examination or Viva-voce shall be conducted for the open electives.