

Unit 4: Types of well-being

Work, residential, material, social, family, marital, health, leisure. quality of life and well-being of Women, older adults, children, youth, geographic population segments etc.

Practical:

To assess QoL and wellbeing of different population at different age groups.

1-2 workshops/projects over the academic semester on topics related to quality of life and wellbeing in anthropology. It would bring students to brainstorming discussions on current issues and help them develop innovative ideas.

References:

1. An Interdisciplinary Perspective edited by Shruti Tripathi, Rashmi Rai, Ingrid Van Rompay-Bartels, 1st edition, 2021, CRC press, Boca Raton <https://doi.org/10.1201/9781003009139>
2. <https://www.springer.com/series/8365>
3. Handbook of Active Ageing and Quality of Life,2021, ISBN: 978-3-030-58030-8
4. Well-Being as a Multidimensional Concept: Understanding Connections among Culture, Community, and Health, 2019, EDITED BY JANET M. PAGE-REEVES
5. Upton, D., Upton, P. (2015). Quality of Life and Well-Being. In: Psychology of Wounds and Wound Care in Clinical Practice. Springer, Cham. https://doi.org/10.1007/978-3-319-09653-7_4
6. <https://www.cdc.gov/hrqol/wellbeing.htm>

Teaching Learning Process

1. Classroom teachings
2. Seminars and Interactive sessions
3. Practical classes/ Field work

Assessment Methods: Theory and practical examinations (including practical records)

Keywords: Quality of life, wellbeing, Hedonic, Eudaimonic

Prerequisite: Candidates are required to have passed the Class 12 or equivalent exam with Science stream (Biology essential)

