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**DEPARTMENT OF BUDDHIST STUDIES**

**Semester-III**

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## **BA (PROG.) WITH BUDDHIST STUDIES AS MAJOR- DSC**

### **DISCIPLINE SPECIFIC CORE COURSE -3 (DSC-3A)**

#### **CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

<b>Distribution of Total Hours of Teaching</b>							
<b>MAJOR COURSE DSC-3 – 3A : INTRODUCTION TO TIBETAN BUDDHISM</b>							
Total Credits	Lectures (Credits)	Tutorial (Credits)	Practical( Credits)	No. of Hours of Lecture	No. of Hours of Tutorial	No. of Hours of Practical	Total hours of teaching
4	3	1	-	45	15	0	60

#### **Learning Objectives**

The primary objective of this course is to make students aware of the history of the introduction and development of Buddhism in Tibet along with Tibetan Buddhist literature.

#### **Learning Outcomes**

By studying this course, students would be able to have a clear understanding of the Buddhism that flourished and developed in Tibet. It would also make the students acquainted with the Buddhist sects, and literature that developed in Tibet.

#### **Course content [DSC-3 -3A]**

<b>Unit</b>	<b>Content</b>	<b>Duration in hours</b>	
		<b>Lecture</b>	<b>Tutorial</b>
<b>I</b>	1. Introduction of Buddhism in Tibet	06	02
<b>II</b>	2. History of Buddhism in Tibet. 3. Role of Tibetan Dharma-rajast in propagation of Buddhism in Tibet	12	04
<b>III</b>	4. Indian Scholars visited Tibet – Padmasambhav, Shantarakshit and Atish Dipankar	09	03
<b>IV</b>	5. Tibetan Buddhist sects 6. Origin and Growth of the Institution of Dalai Lama.	12	04
<b>V</b>	7. Buddhist Literature developed in Tibet 8. Pilgrimage in Tibet	06	02
<b>Total</b>		<b>45</b>	<b>15</b>

#### **Essential Readings:**

- Bapat, P.V. (ed.), *2500 Years of Buddhism*, Publications Division, Ministry of Information and Broadcasting, Government of India, New Delhi: 1964.
- McKay, Alex (ed). *History of Tibet*, Richmond Surrey: Curzon Press. 2003.
- Tulku Dondub, bod skad slob deb (TibbatiPiṭaka), Sarnath: CIHTS, 1976.
- Sarao, K..T.S., *Pilgrimage to Kailash: The Indian Route*, Delhi, 2009.

## Suggested Readings

- Alex McKay, *History of Tibet*, 3 vols, London: Routledge, 1996.
- Chattopadhyaya Alaka, *Atisa and Tibet: Life and Works of Dipamkara Srijnana in relation to the History and Religion of Tibet*, Delhi: Motilal Banarasi Das, 1981.
- Francke, A.H., *Antiquities of Indian Tibet*, 2 vols., New Delhi: S.Chand, 1972.
- Khosla Sarla, *History of Buddhism in Kashmir*, New Delhi: Sagar, 1972.
- Norbu Namkhai, *The Necklace of gzi: A Cultural History of Tibet*, Dharamsala: Information Office of H.H., The Dalai Lama, 1984.
- Bruce Newman, *A Beginner's Guide to Tibetan Buddhism*, Snow Lion Publication, 1996.
- Thubten Chodron, *Buddhism for Beginners*, Snow Lion Publication, 1972.
- Wallace, B. Alan (October 25, 1993). *Tibetan Buddhism from the Ground up: A Practical Approach for Modern Life*. Wisdom Publications.
- Yeshe, Lama Thubten (2001). *The Essence of Tibetan Buddhism*, Lama Yeshe Wisdom Archive.
- John Power (2007), *Introduction to Tibetan Buddhism*, Snow Lion Publication.
- Waddell, D. *The Buddhism of Tibet*, W. Heffer & Sons Ltd. Cambridge, 1985
- Sherburne, Richard, *A Lamp of the Path and Commentary by Atisha*, London: 1983.

## DISCIPLINE SPECIFIC CORE COURSE -3 (DSC-3B)

Distribution of Total Hours of Teaching							
MAJOR COURSE DSC - 3 – 3B: INTRODUCTION TO CHINESE BUDDHISM							
Total Credits	Lectures (Credits)	Tutorial (Credits)	Practical( Credits)	No. of Hours of Lecture	No. of Hours of Tutorial	No. of Hours of Practical	Total hours of teaching
4	3	1	-	45	15	0	60

### Learning Objectives

The primary objective of this course is to make students aware of the history of the introduction and development of Buddhism in China.

### Learning Outcomes

By studying this course, students would be able to have a clear understanding of the Buddhism that flourished and developed in China. It would also make the students acquainted with the Buddhist societies, centers, festivals, and etc. that developed in China.

### Course content [DSC-3 - 3B]

Unit	Content	Duration in Hours	
		Lecture	Tutorial
<b>I</b>	1. Introduction of Buddhism in China- Pre-Buddhist Religions (Confucianism and Taoism) and social condition	09	03
<b>II</b>	2. Role of Ancient Land and Sea Routes to China in the propagation of Buddhism in China. 3. Introduction and State of Buddhism during the Han Dynasty.	12	04
<b>III</b>	4. Influence of Indian Buddhism on Chinese Buddhist Sects.	03	01
<b>IV</b>	5. Buddhist Social interaction in China religious preaching, Buddhist Societies, Buddhist festivals, and social welfare activities of the Buddhist Saṅgha. 6. Important Chinese Buddhist sites.	15	05
<b>V</b>	7. Eminent Chinese monks and their contribution.	06	03
<b>Total :</b>		<b>45</b>	<b>15</b>

### Essential Readings:

- Bapat, P.V. (ed.), *2500 Years of Buddhism*, Publications Division, Ministry of Information and Broadcasting, Government of India, New Delhi: 1964.
- Buckley Patricia and Gregory Peter N. (ed.), *Religion and Society in Tang and Sung China*, University of Hawaii Press, Honolulu 1993.
- Ch'en Kenneth, K.S., *Buddhism In China: A Historical Survey*. Princeton University Press, Princeton, 1964.
- Ch'en Kenneth, K.S., *The Chinese transformation of Buddhism*, Princeton University Press, New Jersey, 1973.

- Daisaku Ikeda, Burton Watson (Tr.) *Flower of Chinese Buddhism*, Weather Hill, New York, Tokyo, 1986.
- Edkins Joseph, *Chinese Buddhism*. Kegan Paul Paragon Book Reprint Corp. 1958.
- Gernet Jacques, *Buddhism in Chinese Society*. Columbia University Press, New York, 1955.
- Reichely, Kaul Ludvig, *Truth and Tradition in Chinese Buddhism*. The Commercial Press Ltd., Shanghai, China, 1928.
- Samuel Beal, trans. *The Life of Hiuen-Tsiang* Trans. from the Chinese of Shaman Hwui li. London, 1911. 2<sup>nd</sup> ed. Delhi. MunishiramManoharlal, 1973.
- Wright A.F., *Buddhism in Chinese History*, Stanford University Press, Stanford California, 1959.
- Yoshinori Takeuchi (ed.), *Buddhist Spirituality*, vol. I, Motilal Banarsidass Publishers Pvt. Limited, Delhi 1990.

### **Suggested Readings:**

- Bradley Smith and Wang-go Weng *China, A History of Art*, New York, Doubleday.n.d.
- Cunningham, A. *The Ancient Geography of India*. Delhi: Indological Book House, 1871.
- Kieschnick, J. *The Eminent Monk: Buddhist Ideals in Medieval Chinese Hagiography*. Honolulu: University of Hawai'i Press, 1997.
- Lusthaus, D. *Buddhist Phenomenology: A Philosophical Investigation of Yogacara Buddhism and the Ch'eng Wei-shi lun*. London: Routledge, Curzon Press, 2002.
- Li Yongshi, trans. *The Life of Hsuan-Tsang* by Huili. Peking: Chinese Buddhist Assoc. 1959.
- Pal, P. *Light of Asia: Buddha Sakyamuni in Asian Art*. Los Angeles: Los Angeles Country Museum: University of Washington Press, 1984.
- Samuel Beal, trans. *Si-yu-ki Records of the Western World by HiuenTsiang*. 2 vols. London. 1884: rpt. Delhi: Oriental Books Reprint Corp., 1969.
- Sally Hovey Wriggins *Xuanzang: A Buddhist Pilgrim on the Silk Road*, Boulder, Westview Press/Harper Collins 1996.
- T. Akiyama and S. Matsubara, *Arts of China: Buddhist Cave Temples*, New Researches, Trans. A Soper. 1969; Tokyo, Kodansha International, 1972.
- Thomas Watters, trans. *On Yuan Chwang's Travels in India* ,2 vols. London. 1904-5; rpt. Delhi: MunshiramManoharlal, 1961.

## **BA (PROG.) WITH BUDDHIST STUDIES AS NON-MAJOR- DSC**

### **DISCIPLINE SPECIFIC CORE COURSE -3 (DSC-3A)**

#### **CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE**

<b>Distribution of Total Hours of Teaching</b>							
<b>NON-MAJOR COURSE-3 (DSC-3) : INTRODUCTION TO TIBETAN BUDDHISM</b>							
Total Credits	Lectures (Credits)	Tutorial (Credits)	Practical( Credits)	No. of Hours of Lecture	No. of Hours of Tutorial	No. of Hours of Practical	Total hours of teaching
4	3	1	-	45	15	0	60

#### **Learning Objectives**

The primary objective of this course is to make students aware of the history of the introduction and development of Buddhism in Tibet along with Tibetan Buddhist literature.

#### **Learning Outcomes**

By studying this course, students would be able to have a clear understanding of the Buddhism that flourished and developed in Tibet. It would also make the students acquainted with the Buddhist sects, and literature that developed in Tibet.

#### **Course content [DSC-3 ]**

<b>Unit</b>	<b>Content</b>	<b>Duration in hours</b>	
		<b>Lecture</b>	<b>Tutorial</b>
<b>I</b>	1. Introduction of Buddhism in Tibet	06	02
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