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Department of Home Science
SEMESTER –III

B.A (Prog) with Human Development and Family Empowerment (HDFE)

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**B.A (Prog.) with Human Development and Family Empowerment (HDFE) as Major
Category-II**

**DISCIPLINE SPECIFIC CORE COURSE – DSC-5-HDFE: GENDER AND SOCIAL
JUSTICE IN INDIA**

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Credits	Credit distribution of the course			Eligibility Criteria	Prerequisite of the course
		Lecture	Tutorial	Practical/ Practice		
Gender and Social Justice in India	4	2	0	2	Class XII	Nil

LEARNING OBJECTIVES:

- To understand the different terms used to discuss gender.
- To understand about the social construction of gender.
- To understand the situation of gender justice in India.

LEARNING OUTCOMES:

After completion of the course, the students will be able to:

- Understand the different terms used to discuss gender.
- Understand about the social construction of gender
- Understand the situation of gender justice in India.

THEORY
(Credits 2: 30 Hours)

Unit 1: Understanding Gender

(10 Hours)

- *Unit Description:* Student will get aware about different terms related to gender
- *Subtopics:*
 - Defining terms- Sex and Gender, Masculinity v/s Femininity, Feminism
 - Gender Identity and Gender Fluidity: LGBTQ+ Communities

Unit 2: Social Construction of Gender

(10 Hours)

- *Unit Description:* The emphasis of this unit will be on patriarchy and violence against women and children.
- *Subtopics:*
 - Gender Stereotypes and Patriarchy

- Violence against girl child and women

Unit 3: Gender Justice in India

(10 Hours)

- *Unit Description:* This unit will introduce regarding Constitutional provisions for Women
- *Subtopics:*
 - Constitutional provisions for Women
 - Laws and policies for Women

PRACTICAL (Credits 2: 60 Hours)

Unit 1: Visit to any one organisation working in the area of Women's Rights

Unit 2: Seminar / Webinar/ Talk by professional working in the area of Women empowerment and the girl child.

Unit 3: Initiatives by the Government in the area of Gender Justice in the last 5 years- Discussion and Documentation.

ESSENTIAL / RECOMMENDED READINGS:

1. Bhasin, Kamla (2000). Understanding Gender. New Delhi. Kaali for Women.
2. Goel, A, Kaur, A and Sultana, A (2006). Violence against women: Issues and Perspectives. New Delhi, Deep & Deep Publishers.
3. Kataria, K. and Parihar, M. (2017) Women Empowerment Gender Equality and Social Justice. Books Treasure.
4. Monica, C. (2022). Gender Justice: Women and Law in India. Deep & Deep Publications.

SUGGESTED READINGS:

1. Seidman, Steven 1996, (ed), 'Queer Theory/Sociology', Blackwell & V. Geetha, 2007, Patriarchy, Stree Publications, Calcutta
2. Lips, Hilary M., 2015, Gender the basics, Routledge, London
3. Pernau, Margrit, Imtiaz Ahmad and Helmut Reifeld, 2003, Family and Gender, Sage, New Delhi
4. Obèroi, Patricia, 2006, Freedom and Destiny: Gender, Family and Popular Culture in India, Oxford University Press
5. Rege, Sharmila.2003. Sociology of Gender, New Delhi: Sage.

DISCIPLINE SPECIFIC CORE COURSE – DSC-6-HDFE: EMPOWERMENT OF WOMEN AND CHILDREN

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Credits	Credit distribution of the course			Eligibility Criteria	Prerequisite of the course
		Lecture	Tutorial	Practical/ Practice		
Empowerment of Women and Children	4	2	0	2	Class XII	Nil

LEARNING OBJECTIVES:

- To develop an understanding about the status of women and children in India.
- To gain awareness about programmes and services for women and children in India.
- To gain understanding about the importance of maternal health and education.

LEARNING OUTCOMES:

After completion of the course, the students will be able to:

- Understand the status of women and children in India.
- Evaluate various programmes and services for women and children in India.
- Understand the importance of maternal health and education.

THEORY
(Credits 2: 30 Hours)

Unit 1: Status of Women and Children in India

(08 hours)

- *Unit Description:* This unit focuses on the demographic profile of women and children and important issues concerning them.
- *Subtopics:*
 - Demographic profile of women and children.
 - Issues related to women and children.

Unit 2: Programmes and Services for Women Empowerment

(12 hours)

- *Unit Description:* This unit focuses on various programmes and services for women and children in the country.
- *Subtopics:*
 - Women Empowerment: Definition, Need and Importance
 - Programmes for Women: Any two
 - Programmes for Children: Any Two

Unit 3: Maternal Health and Education

(10 hours)

- *Unit Description:* This unit focuses on the importance of maternal health and education and its impact on child development.
- *Subtopics:*
 - Importance of Maternal Health and Education
 - Impact of Maternal Health and Education on Child Development
 - Maternal Mortality: Statistics, Causes and Prevention

PRACTICAL (Credits 2: 60 Hours)

Unit 1: Visit to one organization working for children.

Unit 2: Visit to one organization working for women.

Unit 3: Review of one movie/ documentary/ video/ book based on children.

Unit 4: Interview of a mother to understand the importance of education and awareness in raising healthy children.

ESSENTIAL / RECOMMENDED READINGS:

1. Sobti, S (2009). *Women and children: Issues & suggestions*. New Delhi: Rajiv Publishers.
2. Vasudev, K. (2009). *Welfare programme*. New Delhi: Vishva Bharti Publications.
3. Verma, S.B. and Soni, M. L. (2005). *Mahila jagrute aur sashaktikaran*. Jaipur: Aaveeskar Publishers.
4. *Women Rights are Human Rights* (2014). Geneva and New York: United Nations Publications
Retrieved:
<https://www.ohchr.org/sites/default/files/Documents/Events/WHRD/WomenRightsAreHR.pdf>
5. *Women's Rights in India* (2021). National Human Rights Commission, India
Retrieved:
https://nhrc.nic.in/sites/default/files/Women%E2%80%99s%20Rights%20in%20India%20complete_compressed.pdf

SUGGESTED READINGS:

1. Bose, A.B. (2003). *The status of children in India: Promises to keep*. New Delhi: Manohar Publications
2. *National plan of action of children* (2016). Ministry of HRD, Department of WCD, GOI.
3. Vipin, K. (2009). *Vaisveekran evam mahila sashaktikaran vividha aayam*. New Delhi: Aeyal Publications

**B.A (Prog.) with Human Development and Family Empowerment (HDFE) as Non-Major
Category-III**

DISCIPLINE SPECIFIC CORE COURSE – DSC-6-HDFE: EMPOWERMENT OF WOMEN AND CHILDREN
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CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITE OF THE COURSE

Course Title & Code	Credits	Credit distribution of the course			Eligibility Criteria	Prerequisite of the course
		Lecture	Tutorial	Practical/ Practice		
Empowerment of Women and Children	4	2	0	2	Class XII	Nil

LEARNING OBJECTIVES:

- To develop an understanding about the status of women and children in India.
- To gain awareness about programmes and services for women and children in India.
- To gain understanding about the importance of maternal health and education.

LEARNING OUTCOMES:

After completion of the course, the students will be able to:

- Understand the status of women and children in India.
- Evaluate various programmes and services for women and children in India.
- Understand the importance of maternal health and education.

**THEORY
(Credits 2: 30 Hours)**

Unit 1: Status of Women and Children in India (08 hours)

- *Unit Description:* This unit focuses on the demographic profile of women and children and important issues concerning them.
- *Subtopics:*
 - Demographic profile of women and children.
 - Issues related to women and children.

Unit 2: Programmes and Services for Women Empowerment (12 hours)

- *Unit Description:* This unit focuses on various programmes and services for women and children in the country.
- *Subtopics:*

1. Women Empowerment: Definition, Need and Importance
2. Programmes for Women: Any two
3. Programmes for Children: Any Two

Unit 3: Maternal Health and Education

(10 hours)

- **Unit Description:** This unit focuses on the importance of maternal health and education and its impact on child development.
- **Subtopics:**
 - Importance of Maternal Health and Education
 - Impact of Maternal Health and Education on Child Development
 - Maternal Mortality: Statistics, Causes and Prevention

PRACTICAL

Unit 1: Visit to one organization working for children.

Unit 2: Visit to one organization working for women.

Unit 3: Review of one movie/ documentary/ video/ book based on children.

Unit 4: Interview of a mother to understand the importance of education and awareness in raising healthy children.

ESSENTIAL / RECOMMENDED READINGS:

1. Sobti, S (2009). *Women and children: Issues & suggestions*. New Delhi: Rajiv Publishers.
2. Vasudev, K. (2009). *Welfare programme*. New Delhi: Vishva Bharti Publications.
3. Verma, S.B. and Soni, M. L. (2005). *Mahila jagrute aur sashaktikaran*. Jaipur: Aaveeskar Publishers.
4. Women Rights are Human Rights (2014). Geneva and New York: United Nations Publications
Retrieved:
<https://www.ohchr.org/sites/default/files/Documents/Events/WHRD/WomenRightsAreHR.pdf>
5. Women's Rights in India (2021). National Human Rights Commission, India
Retrieved:
https://nhrc.nic.in/sites/default/files/Women%E2%80%99s%20Rights%20in%20India%20complete_compressed.pdf

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1. Bose, A.B. (2003). *The status of children in India: Promises to keep*. New Delhi: Manohar Publications
2. *National plan of action of children* (2016). Ministry of HRD, Department of WCD, GOI.
3. Vipin, K. (2009). *Vaisveekran evam mahila sashaktikaran vividha aayam*. New Delhi: Aeyal Publications.

